Asthma Worksheet

The Examiner must review a current status report by the treating physician and any supporting documents to determine the applicant’s eligibility for certification. If the applicant meets **ALL the acceptable certification criteria** listed below, the Examiner can issue. Applicants for first- or second-class must provide this information annually; applicants for third-class must provide the information with each required exam.

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<th>AME MUST REVIEW</th>
<th>ACCEPTABLE CERTIFICATION CRITERIA</th>
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| Treating physician finds the condition stable on current regimen and no changes recommended | [ ] Yes for all of the following:  
- Frequency of symptoms - no more than 2 days per week  
- Use of inhaled short-acting beta agonist (rescue inhaler) - no more than 2 times per week  
- Use of oral corticosteroids for exacerbations - no more than 2 times per year  
- In the last year:  
  o No in-patient hospitalizations  
  o No more than 2 outpatient clinic/urgent care visits for exacerbations (with symptoms fully resolved). |
| Symptoms: Stable and well-controlled (either on or off medication)               | [ ] One or more of the following  
- Inhaled long-acting beta agonist  
- Inhaled short-acting beta agonist (e.g., albuterol)  
- Inhaled corticosteroid  
- Leukotriene receptor antagonist, (e.g. montelukast [Singulair]) | Note: A short course of oral or IM steroids during an exacerbation is acceptable. **Examiner must caution airman not to fly until course of oral steroids is completed and airman is symptom free.** |
| Acceptable Medications                                                          | [ ] Current within last 90 days  
*PFT is not required if the only treatment is PRN use on one or two days a week of a short-acting beta agonist (e.g. albuterol). | [ ] FEV1, FVC, and FEV1/FVC are all equal to or greater than 80% predicted before bronchodilators |
| Pulmonary Function Tests (PFT)*                                                 |                                                                                                                                                                                                                               |

**AME MUST NOTE in Block 60 one of the following:**

[ ] Airman meets certification criteria for asthma.

[ ] Airman had a previous Special Issuance for this condition and now meets the regular issuance certification criteria for asthma.

[ ] Airman does NOT meet certification criteria for asthma. I have deferred the exam. (Mail the supporting documents to FAA identifying which criteria were not met.)

Last revision date: 06/12/2013