Introduction

It is vital to comply with weight and balance limits established for helicopters. Operating above the maximum weight limitation compromises the structural integrity of the helicopter and adversely affects performance. Balance is also critical because, on some fully loaded helicopters, center of gravity (CG) deviations as small as three inches can dramatically change a helicopter’s handling characteristics. Operating a helicopter that is not within the weight and balance limitations is unsafe. Refer to FAA-H-8083-1, Aircraft Weight and Balance Handbook, for more detailed information.
Weight

When determining if a helicopter is within the weight limits, consider the weight of the basic helicopter, crew, passengers, cargo, and fuel. Although the effective weight (load factor) varies during maneuvering flight, this chapter primarily considers the weight of the loaded helicopter while at rest.

It is critical to understand that the maximum allowable weight may change during the flight. When operations include OGE hovers and confined areas, planning must be done to ensure that the helicopter is capable of lifting the weight during all phases of flight. The weight may be acceptable during the early morning hours, but as the density altitude increases during the day, the maximum allowable weight may have to be reduced to keep the helicopter within its capability.

The following terms are used when computing a helicopter’s weight.

Basic Empty Weight

The starting point for weight computations is the basic empty weight, which is the weight of the standard helicopter, optional equipment, unusable fuel, and all operating fluids including engine and transmission oil, and hydraulic fluid for those aircraft so equipped. Some helicopters might use the term “licensed empty weight,” which is nearly the same as basic empty weight, except that it does not include full engine and transmission oil, just undrainable oil. If flying a helicopter that lists a licensed empty weight, be sure to add the weight of the oil to computations.

Maximum Gross Weight

The maximum weight of the helicopter. Most helicopters have an internal maximum gross weight, which refers to the weight within the helicopter structure and an external maximum gross weight, which refers to the weight of the helicopter with an external load. The external maximum weight may vary depending on where it is attached to the helicopter. Some large cargo helicopters may have several attachment points for sling load or winch operations. These helicopters can carry a tremendous amount of weight when the attachment point is directly under the CG of the aircraft.

Weight Limitations

Weight limitations are necessary to guarantee the structural integrity of the helicopter and enable pilots to predict helicopter performance accurately. Although aircraft manufacturers build in safety factors, a pilot should never intentionally exceed the load limits for which a helicopter is certificated. Operating below a minimum weight could adversely affect the handling characteristics of the helicopter. During single-pilot operations in some helicopters, a pilot needs to use a large amount of forward cyclic in order to maintain a hover. By adding ballast to the helicopter, the cyclic position is closer to the CG, which gives a greater range of control motion in every direction. When operating at or below the minimum weight of the helicopter, additional weight also improves autorotational characteristics since the autorotational descent can be established sooner. In addition, operating below minimum weight could prevent achieving the desirable rotor revolutions per minute (rpm) during autorotations.

Operating above a maximum weight could result in structural deformation or failure during flight, if encountering excessive load factors, strong wind gusts, or turbulence. Weight and maneuvering limitations also are factors considered for establishing fatigue life of components. Overweight, meaning overstressed, parts fail sooner than anticipated. Therefore, premature failure is a major consideration in determination of fatigue life and life cycles of parts.

Although a helicopter is certificated for a specified maximum gross weight, it is not safe to take off with this load under some conditions. Anything that adversely affects takeoff, climb, hovering, and landing performance may require off-loading of fuel, passengers, or baggage to some weight less than the published maximum. Factors that can affect performance include high altitude, high temperature, and high humidity conditions, which result in a high density altitude. In-depth performance planning is critical when operating in these conditions.

Balance

Helicopter performance is not only affected by gross weight, but also by the position of that weight. It is essential to load the aircraft within the allowable CG range specified in the RFM’s weight and balance limitations.

Center of Gravity

Ideally, a pilot should try to balance a helicopter perfectly so that the fuselage remains horizontal in hovering flight, with no cyclic pitch control needed except for wind correction. Since the fuselage acts as a pendulum suspended from the rotor, changing the CG changes the angle at which the aircraft hangs from the rotor. When the CG is directly under the rotor mast, the helicopter hangs horizontally; if the CG is too far forward of the mast, the helicopter hangs with its nose tilted down; if the CG is too far aft of the mast, the nose tilts up. [Figure 6-1]

CG Forward of Forward Limit

A forward CG may occur when a heavy pilot and passenger take off without baggage or proper ballast located aft of the rotor mast. This situation becomes worse if the fuel tanks are located aft of the rotor mast because as fuel burns the CG continues to shift forward.
This condition is easily recognized when coming to a hover following a vertical takeoff. The helicopter has a nose-low attitude, and excessive rearward displacement of the cyclic control is needed to maintain a hover in a no-wind condition. Do not continue flight in this condition, since a pilot could rapidly lose rearward cyclic control as fuel is consumed. A pilot may also find it impossible to decelerate sufficiently to bring the helicopter to a stop. In the event of engine failure and the resulting autorotation, there may not be enough cyclic control to flare properly for the landing.

A forward CG is not as obvious when hovering into a strong wind, since less rearward cyclic displacement is required than when hovering with no wind. When determining whether a critical balance condition exists, it is essential to consider the wind velocity and its relation to the rearward displacement of the cyclic control.

CG Aft of Aft Limit
Without proper ballast in the cockpit, exceeding the aft CG may occur when:

- A lightweight pilot takes off solo with a full load of fuel located aft of the rotor mast.
- A lightweight pilot takes off with maximum baggage allowed in a baggage compartment located aft of the rotor mast.
- A lightweight pilot takes off with a combination of baggage and substantial fuel where both are aft of the rotor mast.

A pilot can recognize the aft CG condition when coming to a hover following a vertical takeoff. The helicopter will have a tail-low attitude, and will need excessive forward displacement of cyclic control to maintain a hover in a no-wind condition. If there is a wind, even greater forward cyclic is needed.

If flight is continued in this condition, it may be impossible to fly in the upper allowable airspeed range due to inadequate forward cyclic authority to maintain a nose-low attitude. In addition, with an extreme aft CG, gusty or rough air could accelerate the helicopter to a speed faster than that produced with full forward cyclic control. In this case, dissymmetry of lift and blade flapping could cause the rotor disk to tilt aft. With full forward cyclic control already applied, a pilot might not be able to lower the rotor disk, resulting in possible loss of control, or the rotor blades striking the tailboom.

**Lateral Balance**
For smaller helicopters, it is generally unnecessary to determine the lateral CG for normal flight instruction and passenger flights. This is because helicopter cabins are relatively narrow and most optional equipment is located near the centerline. However, some helicopter manuals specify the seat from which a pilot must conduct solo flight. In addition, if there is an unusual situation that could affect the lateral CG, such as a heavy pilot and a full load of fuel on one side of the helicopter, its position should be checked against the CG envelope. If carrying external loads in a position that requires large lateral cyclic control displacement to maintain level flight, fore and aft cyclic effectiveness could be limited dramatically. Manufacturers generally account for known lateral CG displacements by locating external attachment points opposite the lateral imbalance. Examples are placement of hoist systems attached to the side, and wing stores commonly used on military aircraft for external fuel pods or armament systems.

**Weight and Balance Calculations**
When determining whether a helicopter is properly loaded, two questions must be answered:

1. Is the gross weight less than or equal to the maximum allowable gross weight?
2. Is the CG within the allowable CG range, and will it stay within the allowable range throughout the duration of flight including all loading configurations that may be encountered?

To answer the first question, just add the weight of the items comprising the useful load (pilot, passengers, fuel, oil (if applicable), cargo, and baggage) to the basic empty weight of the helicopter. Ensure that the total weight does not exceed the maximum allowable gross weight.

To answer the second question, use CG or moment information from loading charts, tables, or graphs in the RFM. Then using one of the methods described below, calculate the loaded moment and/or loaded CG and verify that it falls within the allowable CG range shown in the RFM.

It is important to note that any weight and balance computation is only as accurate as the information provided. Therefore, ask passengers what they weigh and add a few pounds to account for the additional weight of clothing, especially during the winter months. Baggage should be weighed on a scale, if practical. If a scale is not available, compute personal loading values according to each individual estimate. Figure 6-2 indicates the standard weights for specific operating fluids. The following terms are used when computing a helicopter’s balance.

**Reference Datum**

Balance is determined by the location of the CG, which is usually described as a given number of inches from the reference datum. The horizontal reference datum is an imaginary vertical plane or point, arbitrarily fixed somewhere along the longitudinal axis of the helicopter, from which all horizontal distances are measured for weight and balance purposes. There is no fixed rule for its location. It may be located at the rotor mast, the nose of the helicopter, or even at a point in space ahead of the helicopter. [Figure 6-3]

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<table>
<thead>
<tr>
<th>Fluid</th>
<th>Weight per Gallon</th>
</tr>
</thead>
<tbody>
<tr>
<td>Aviation Gasoline (AVGAS)</td>
<td>6 lb/gal</td>
</tr>
<tr>
<td>Jet Fuel (JP-4)</td>
<td>6.5 lb/gal</td>
</tr>
<tr>
<td>Jet Fuel (JP-5)</td>
<td>6.8 lb/gal</td>
</tr>
<tr>
<td>Reciprocating Engine Oil</td>
<td>Varies between 6 and 8 lb/gal*</td>
</tr>
<tr>
<td>Turbine Engine Oil</td>
<td>Varies between 7.5 and 8 lb/gal*</td>
</tr>
<tr>
<td>Water</td>
<td>8.35 lb/gal</td>
</tr>
</tbody>
</table>

*Oil weight is given in pounds per gallon while oil capacity is usually given in quarts; therefore, convert the amount of oil to gallons before calculating its weight. Remember, four quarts equal one gallon.

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**Figure 6-2.** When making weight and balance computations, always use actual weights if they are available, especially if the helicopter is loaded near the weight and balance limits.
Figure 6-4. The lateral reference datum is located longitudinally through the center of the helicopter; therefore, there are positive and negative values.

Chapter Summary
This chapter has discussed the importance of computing the weight and balance of the helicopter. The chapter also discussed the common terms and meanings associated with weight and balance.