

FAA Gender Dysphoria Mental Health Status Report

(Updated 09/25/2019)

Name _____

Birthdate _____

Applicant ID# _____

PI# _____

The following information must be addressed in the treating provider's evaluation. Evaluation should be performed in accordance with a comprehensive mental health assessment following the [World Professional Association for Transgender Health \(WPATH\) guidelines](#) (Note: Link must be opened in Google Chrome.)

Submit either this status report sheet* or supporting documentation, addressing each item, to your AME or to the FAA at:

Federal Aviation Administration
Civil Aerospace Medical Institute, Bldg. 13
Aerospace Medical Certification Division, AAM-300
PO Box 25082
Oklahoma City, OK 73125-9867

- | | | | | | | | | | | | |
|--|---|-------------------------------|--------------------------------------|-------------------------------|--------------------------------------|-------------------------------|--------------------------------------|-------------------------------|--------------------------------------|-------------------------------|--------------------------------------|
| <p>1. I am a board certified psychiatrist or licensed psychologist AND I meet the criteria for "a qualified mental health professional" per WPATH (current version) guidelines.</p> | <table border="1" style="margin: auto;"> <tr> <td style="padding: 2px;"><input type="checkbox"/> Yes</td> <td style="padding: 2px;"><input type="checkbox"/> No-explain</td> </tr> </table> | <input type="checkbox"/> Yes | <input type="checkbox"/> No-explain | | | | | | | | |
| <input type="checkbox"/> Yes | <input type="checkbox"/> No-explain | | | | | | | | | | |
| <p>2. This airman meets the DSM-5 diagnostic criteria for Gender Dysphoria and the condition is not secondary to, or better accounted for, by other diagnoses.</p> | <table border="1" style="margin: auto;"> <tr> <td style="padding: 2px;"><input type="checkbox"/> Yes</td> <td style="padding: 2px;"><input type="checkbox"/> No-explain</td> </tr> </table> | <input type="checkbox"/> Yes | <input type="checkbox"/> No-explain | | | | | | | | |
| <input type="checkbox"/> Yes | <input type="checkbox"/> No-explain | | | | | | | | | | |
| <p>3. PSYCHIATRIC HISTORY:
 Current mental health diagnosis or coexisting mental health concerns.....
 Previous mental health diagnosis or coexisting mental health concerns.....
 ER visit or hospitalization for any psychiatric illness or condition ever.....
 Any suicide attempt(s) ever.....
 Substance Use disorder per DSM-5.....
 (e.g. alcohol, cannabis, stimulants, hallucinogens, opioids)</p> | <table border="1" style="margin: auto;"> <tr> <td style="padding: 2px;"><input type="checkbox"/> None</td> <td style="padding: 2px;"><input type="checkbox"/> Yes-explain</td> </tr> <tr> <td style="padding: 2px;"><input type="checkbox"/> None</td> <td style="padding: 2px;"><input type="checkbox"/> Yes-explain</td> </tr> <tr> <td style="padding: 2px;"><input type="checkbox"/> None</td> <td style="padding: 2px;"><input type="checkbox"/> Yes-explain</td> </tr> <tr> <td style="padding: 2px;"><input type="checkbox"/> None</td> <td style="padding: 2px;"><input type="checkbox"/> Yes-explain</td> </tr> <tr> <td style="padding: 2px;"><input type="checkbox"/> None</td> <td style="padding: 2px;"><input type="checkbox"/> Yes-explain</td> </tr> </table> | <input type="checkbox"/> None | <input type="checkbox"/> Yes-explain | <input type="checkbox"/> None | <input type="checkbox"/> Yes-explain | <input type="checkbox"/> None | <input type="checkbox"/> Yes-explain | <input type="checkbox"/> None | <input type="checkbox"/> Yes-explain | <input type="checkbox"/> None | <input type="checkbox"/> Yes-explain |
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| <input type="checkbox"/> None | <input type="checkbox"/> Yes-explain | | | | | | | | | | |
| <p>4. PSYCHIATRIC TREATMENT: (List start and end dates on each. For medications, also note name, dose, and side effects, if any.)
 Current use.....
 Previous use.....
 Psychotherapy for any condition other than GD (e.g. depression, anxiety).....
 Other treatments (e.g. cognitive therapy, talk therapy, electroconvulsive therapy)</p> | <table border="1" style="margin: auto;"> <tr> <td style="padding: 2px;"><input type="checkbox"/> None</td> <td style="padding: 2px;"><input type="checkbox"/> Yes-explain</td> </tr> <tr> <td style="padding: 2px;"><input type="checkbox"/> None</td> <td style="padding: 2px;"><input type="checkbox"/> Yes-explain</td> </tr> <tr> <td style="padding: 2px;"><input type="checkbox"/> None</td> <td style="padding: 2px;"><input type="checkbox"/> Yes-explain</td> </tr> <tr> <td style="padding: 2px;"><input type="checkbox"/> None</td> <td style="padding: 2px;"><input type="checkbox"/> Yes-explain</td> </tr> </table> | <input type="checkbox"/> None | <input type="checkbox"/> Yes-explain | <input type="checkbox"/> None | <input type="checkbox"/> Yes-explain | <input type="checkbox"/> None | <input type="checkbox"/> Yes-explain | <input type="checkbox"/> None | <input type="checkbox"/> Yes-explain | | |
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| <input type="checkbox"/> None | <input type="checkbox"/> Yes-explain | | | | | | | | | | |
| <input type="checkbox"/> None | <input type="checkbox"/> Yes-explain | | | | | | | | | | |
| <p>5. CURRENT STATUS: Airman is doing well. There are no mental health concerns. Psychotherapy (if any) is for gender dysphoria only. No other treatment is needed (do not include support group or support group counseling).</p> | <table border="1" style="margin: auto;"> <tr> <td style="padding: 2px;"><input type="checkbox"/> Yes</td> <td style="padding: 2px;"><input type="checkbox"/> No-explain</td> </tr> </table> | <input type="checkbox"/> Yes | <input type="checkbox"/> No-explain | | | | | | | | |
| <input type="checkbox"/> Yes | <input type="checkbox"/> No-explain | | | | | | | | | | |
| <p>6. Any evidence of cognitive dysfunction or is a formal neuropsychological evaluation indicated?.....</p> | <table border="1" style="margin: auto;"> <tr> <td style="padding: 2px;"><input type="checkbox"/> None</td> <td style="padding: 2px;"><input type="checkbox"/> Yes-explain</td> </tr> </table> | <input type="checkbox"/> None | <input type="checkbox"/> Yes-explain | | | | | | | | |
| <input type="checkbox"/> None | <input type="checkbox"/> Yes-explain | | | | | | | | | | |
| <p>7. Do you have ANY concerns regarding this airman?.....</p> | <table border="1" style="margin: auto;"> <tr> <td style="padding: 2px;"><input type="checkbox"/> None</td> <td style="padding: 2px;"><input type="checkbox"/> Yes-explain</td> </tr> </table> | <input type="checkbox"/> None | <input type="checkbox"/> Yes-explain | | | | | | | | |
| <input type="checkbox"/> None | <input type="checkbox"/> Yes-explain | | | | | | | | | | |

Treating Provider Signature

Date of Evaluation

Name or Office Stamp

Phone Number

***For any response which requires further explanation, submit supporting documentation. In some cases, actual records will be required.**