

## **UNDER 2 YEAR SURVEILLANCE HIV SPECIFICATION**

Please provide our office with a current status report from a treating physician knowledgeable and experienced in the treatment of HIV-infected persons. This report should include the information outlined below, along with any separate additional testing.

The results should be sent to the Aerospace Medical Certification Division (AMCD) After review, if the airman is determined qualified, AMCD/Regional Flight Surgeon (RFS) will send a letter to the airman authorizing the Aviation Medical Examiner (AME) to issue a new time-limited medical certificate, as applicable. Both the initial and subsequent medical determinations may only be made by the RFS or AMCD.

### **The current status report should include:**

- Every 3 months: determinations of viral load, CD4 cell count, a clinical assessment of cognitive function, and any other laboratory and clinical tests deemed necessary by the treating physician. These results may be aggregated and included in the written current status report every 6 months unless there is an adverse change
- Every 6 months a written current status report from the treating physician knowledgeable and experienced in the treatment of HIV-infected persons. To include the following: a medical history emphasizing symptoms and treatment referable to the immune system, any signs or symptoms of atherosclerotic cardiovascular disease, and diabetes mellitus or insulin resistance and a clinical assessment of cognitive function
- Formal cognitive/neuropsychiatric testing, preferably with CogScreen-AE [Note: initial and periodic testing should be done with the same test instruments each time in order to allow valid comparisons over time]. Formal cognitive function testing if due.
- Any other tests advised by the treating physician.