

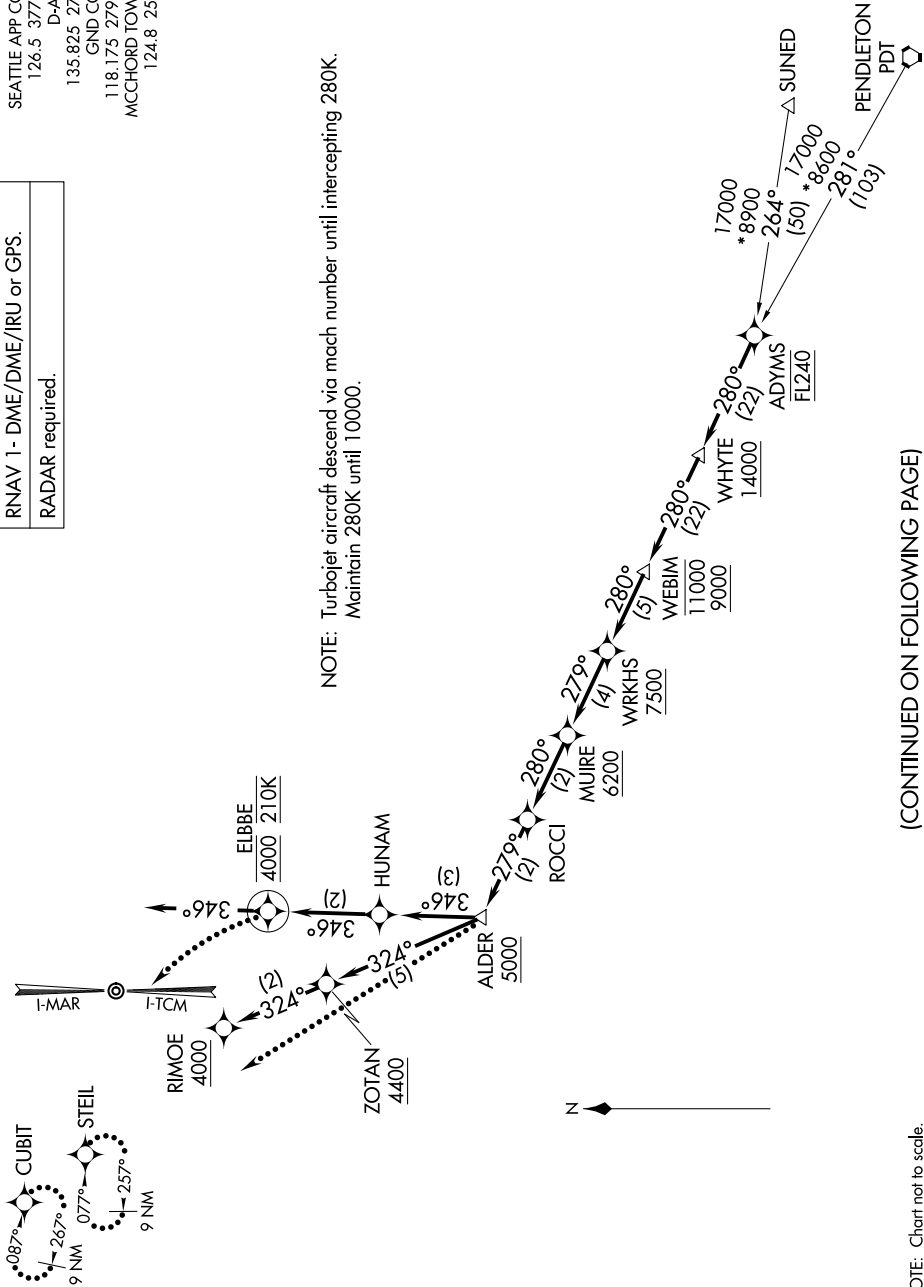
ADYMS THREE ARRIVAL (RNAV)

NW-1, 22 JAN 2026 to 19 FEB 2026

SEATTLE APP CON
126.5 377.15
D-ATIS
135.825 270.1
GND CON
118.175 279.65
MCCHORD TOWER
124.8 259.3

RNAV 1- DME/DME/IRU or GPS.
RADAR required.

NOTE: Turbojet aircraft descend via mach number until intercepting 280K.
Maintain 280K until 10000.



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