FROGZ FIVE ARRIVAL (RNAV) Transition Routes

SE-3, 06 AUG 2026 to 03 SEP 2026

RNAV 1 - DME/DME/IRU or GPS.
From DOWRY: RNAV 1 - GPS.

RADAR required.

MIAMI APP CON
120.5 350.225
KHST ATIS★
132.275 269.9
MIA D-ATIS
119.15
TMB ATIS
124.0

ACORI TRANSITION (ACORI.FROGZ5)
BROMO TRANSITION (BROMO.FROGZ5)
BULZI TRANSITION (BULZI.FROGZ5)
DEFUN TRANSITION (DEFUN.FROGZ5)
DOWRY TRANSITION (DOWRY.FROGZ5)
GAWKS TRANSITION (GAWKS.FROGZ5)
HONID TRANSITION (HONID.FROGZ5)
MARCI TRANSITION (MARCI.FROGZ5)
SABEE TRANSITION (SABEE.FROGZ5)
SCURF TRANSITION (SCURF.FROGZ5)

ACORI
HONID
DEFUN
IPOKE
CABLO
BULZI
SNAPY
NICKI
BROMO
SCURF
DOWRY
CIGAR
OCHHO
GAWKS
BAGGS
PLOWS
FL340
SABEE
FL250 280K
EXACT
MATNY
KLEET
FL280 280K
FL210
BARBN
15000
JAMAS
11000 280K
MARCI
FL280 280K
FL210
SUMPS
11000 280K
FROGZ

NOTE: Jet aircraft only.
NOTE: Landing east use Runway 9 Transition, landing west use Runway 30 Transition. Expect Runway assignment from MIA approach prior to FROGZ.
NOTE: Do not file MARCI, BROMO, SCURF, BULZI, or GAWKS Transition - to be assigned by ATC.
NOTE: SABEE Transition for traffic departing TPA area only.
NOTE: DOWRY Transition: GPS only.

NOTE: Chart not to scale.

(CONTINUED ON FOLLOWING PAGE)

See following page for arrival route.