

## **Attention-Deficit/Hyperactivity Disorder (ADHD) STANDARD TRACK - FAA ADHD EVALUATION GENERAL INFORMATION**

(Updated 08/30/2023)

Attention-Deficit/Hyperactivity Disorder (ADHD) is a condition that may be aeromedically disqualifying. **The evaluation and testing must be performed in-person by a HIMS psychologist or HIMS neuropsychologist.** The responsibility of the psychologist or neuropsychologist is to identify any neurocognitive deficit/impairment that has aeromedical significance.

- A.** An initial battery of ADHD tests will be required along with potential supplemental tests if:
- ADHD symptoms, treatment, or instability was present in past four (4) years;
  - ADHD medication taken in the past four (4) years;  
(Note: If ADHD testing is conducted, the individual **must have discontinued ADHD medication at least 90 days** prior to testing);
  - History of any other psychiatric condition(s) or diagnosis (current or historic);
  - The AME, psychologist, or neuropsychologist has concerns;
  - After initial document review, clear determination cannot be reached by the Fast Track - ADHD FAA Evaluation; and/or
  - Requested by the FAA for review.
- B. What are the FAA's testing specifications?** Testing specifications required by the FAA are listed on an FAA secure site used by professionals with training regarding the specifications. Authorized professionals should use the [secure portal](#). For access, the psychologist or neuropsychologist should email a request to [9-amc-aam-NPTesting@faa.gov](mailto:9-amc-aam-NPTesting@faa.gov).
- C. What are the urinalysis requirements?** If ADHD testing is required, the applicant will need to complete a urinalysis for **amphetamines and methylphenidate within 24 hours after completing testing**. Arrange for a urinalysis order to be sent to a laboratory and be sure it is conducted within 24 hours after testing. Actual laboratory results are required (not clinical summary of results). Testing data cannot be used without the supporting urinalysis and may result in deferral and/or request for re-evaluation.
- D. Who can order a urinalysis?** This varies by state law and regulations. Pilots or ATCS should verify if the evaluating psychologist or neuropsychologist has the ability to order the urinalysis. If not, coordinate with your AME or your primary care physician to order the laboratory test. You may also contact a drug testing laboratory near the evaluating psychologist's or neuropsychologist's office to inquire what type of order is required to conduct the drug testing for occupational/licensing purposes. Specify that the test must test for **both amphetamines and methylphenidate**, which are two different test panels. Prior to the appointment for urinalysis the following checklist is suggested:
- Identify a drug testing laboratory;
  - Review FAA requirements to conduct **two separate tests** for amphetamines AND methylphenidate;
  - Check hours of operation;
  - Check if walk-ins are taken for drug testing or if an appointment is required; and
  - Ask if they require lab orders for occupational/licensing drug testing to meet the FAA requirement (physician, psychologist, or none)
- E. The HIMS psychologist or HIMS neuropsychologist must:**
1. Review any report(s) from the doctoral level licensed psychologist or neuropsychologist created as part of the ADHD Fast Track, if applicable.
  2. Review all documents listed on the [ADHD Document Checklist](#).
  3. Perform testing as indicated per the Standard Track testing specifications (on secure site).
  4. Create a detailed report addressing all the items on the [Standard Track - FAA ADHD Evaluation Report Requirements](#).