AME Mental Health Quick Decision Guide

(Updated 11/18/2026)

Condition Category	Specific Clinical Scenario	AME Action	See corresponding Disposition Table for entire list of required documents to review or upload.
Situational Depression	5 or more years ago	🟢 **ISSUE** (if clear by decision tool)	History, medical records, utilize **Situational Depression Decision Tool.**
	Within past 5 years	🟢 **ISSUE** (if clear by decision tool)	Current DCPN, utilize **Situational Depression Decision Tool.**
	All others	🔴 **DEFER**	See disposition table for documents.
Anxiety, Depression & Related Conditions	5 or more years OFF treatment	🟢 **ISSUE** (if meets Fast Track)	Medical record review, AME fills out ***MH History Checklist,*** utilize Fast Track Pathway.
	2 to 5 years OFF treatment	🟢 **ISSUE** (if meets Fast Track)	Current DCPN, Review ***MH History Checklist,*** utilize Fast Track Pathway.
	< 2 years OFF treatment (or fails Fast Track)	🔴 **DEFER**	Submit records, Current FAAR Psychiatrist evaluation, ***MH History Checklist***.
	ON treatment	🔴 **DEFER**	Submit records, current DCPN with ***MH History Checklist, FAAR Neuropsychologist evaluation***.
ADHD (and/or Use of ADHD Medications)	Fast Track (≥ 4 years clear)	🟢 **ISSUE** (if all "NO" on Summary)	Review FAA ADHD Summary (by psychologist/neuropsychologist). Submit supporting records.
	Standard Track	🔴 **DEFER**	Submit records.
	Current medication/symptoms or < 90 days off meds	🔴 **DEFER**	Submit records.
Suicide Attempt(s)	Remote history	🔴 **DEFER**	Submit records.
	Recent or multiple attempts	🔴 **DEFER**	Submit records.
Bipolar, Psychosis, or Personality Disorder(s)	Any history of Bipolar/mood disorder, Psychosis/psychotic episode, or Personality disorder(s)	🔴 **DEFER**	Submit records.
Other	Current use of acceptable antidepressant for Non-Mental Health condition	🟡 **CONDITIONAL (Requires SI)**	Submit clinical records and ***MH History Checklist*** confirming no mental health relationship.