

ALPHA-GAL SYNDROME (meat allergy)

All Classes
(Updated 02/25/2026)

DISEASE/CONDITION	EVALUATION DATA	DISPOSITION
<p>A. History of mild reactions (e.g., hives, swelling, nausea)</p> <p>Symptoms resolved with dietary modification</p>	<p>If the AME can determine the condition is under control, and no symptoms that would interfere with flight or safety-related duties:</p>	<div style="background-color: #008000; height: 15px; width: 100%; margin-bottom: 5px;"></div> <p style="text-align: center;">ISSUE</p> <p style="text-align: center;">Annotate this information in Block 60.</p>
<p>B.</p> <ul style="list-style-type: none"> • History of a severe reaction (e.g., angioedema, anaphylaxis, presyncope, or syncope) • Symptomatic 	<p>Submit the following for FAA review:</p> <ol style="list-style-type: none"> 1. A current, detailed Clinical Progress Note generated from a clinic visit with the Allergist, Gastroenterologist, or treating physician no more than 90 days before the AME exam. It must include: <ul style="list-style-type: none"> • <i>A detailed summary of the history of the condition;</i> • <i>Current medications, dosage, and side effects (if any);</i> • <i>Exam findings;</i> • <i>Results of any testing performed;</i> • <i>Diagnosis;</i> • <i>Assessment and plan;</i> • <i>Prognosis; and Follow-up.</i> 2. It must specifically include the severity and frequency of the reaction(s) or symptoms as well as the likelihood of them reoccurring. 3. Lab. Results of alpha-gal IgE level or any testing clinically indicated. 	<div style="background-color: #ff0000; height: 15px; width: 100%; margin-bottom: 5px;"></div> <p style="text-align: center;">DEFER</p> <p style="text-align: center;">Submit the information to the FAA for a possible Special Issuance</p> <p style="text-align: center;">Annotate (elements or findings) in Block 60.</p>