ANTIDEPRESSANT INITIAL DOCUMENT CHECKLIST

(Updated 11/18/2026)

This page is for the AME or aviator to confirm all required records are assembled.
Do NOT submit to the FAA.

Required Document & Description	Pilot / ATCS	AME Verified
Airman Personal Statement Typed, signed, and dated. Must detail mental health history, symptoms, medication use, and current stability.	[ ]	[ ]
FAAR Neuropsychological Evaluation A comprehensive evaluation by an FAA Recognized (FAAR) Neuropsychologist. (Requires requesting your complete FAA file first.)	[ ]	[ ]
Complete Mental Health Records All past and present treatment, therapy, and counseling records, regardless of how long ago.	[ ]	[ ]
Other Medical Conditions Any necessary records for other medical conditions (e.g., drug testing, therapy reports, etc.).	[ ]	[ ]
Clinical Evaluation & Checklist • Recent clinical progress note (< 90 days old) from the provider who prescribes your medication. It must include *diagnosis, current meds/dosages, side effects, exam findings, and follow-up plan.* • Mental Health History Checklist completed and signed by a Board-Certified (BC) Psychiatrist. ⚠ **ATTENTION: IF YOUR PRESCRIBER IS NOT A Board-Certified PSYCHIATRIST** ⚠ **You must ALSO include a comprehensive psychiatric assessment from an independent Board-Certified Psychiatrist.**	[ ] [ ] [ ] or NA	[ ] [ ] [ ] or NA

If any items are missing or incomplete, certification/clearance will be delayed.

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