Anxiety, Depression, and Related Conditions List

All Classes
(Updated 11/18/2026)

Anxiety (and related conditions)

- Unspecified anxiety
- Generalized Anxiety Disorder
- Situational anxiety (also called adjustment disorder with anxiety)
- Social Anxiety Disorder

Depression (and related conditions)

- Unspecified depression
- Major Depressive Disorder (MDD), single episode, resolved
- Postpartum depression
- Situational depression (also called adjustment disorder with depressed mood)

Note on Adjustment Disorders: Symptoms which persist beyond 6 months are not adjustment disorders. They may have a situational component but are likely a Major Depressive Disorder (MDD) or other significant depressive diagnosis.

Other Related Conditions

- Obsessive Compulsive Disorder (OCD)
- Post Traumatic Stress Disorder (PTSD)
- V code (DSM)/Z code (ICD-10) table items

Note on V code (DSM)/Z code (ICD-10) items. This table includes but is not limited to:

- *Uncomplicated Bereavement;*
- *Relationship distress with spouse or intimate partner;*
- *Parent-Child relational problem; and/or*
- *Phase of Life Problem (problems adjusting to major life transitions such as newly retired, getting married, empty-nest, new career, becoming a parent, etc.*

Note: For the following conditions, (OFF Treatment), start on Row C.

- Recurrent Major Depression or Recurrent Major Depressive Disorder (rMDD),
- Persistent Depressive Disorder (Dysthymia), or
- Seasonal Affective Disorder (SAD)