

CACI – Prediabetes Worksheet

(Metabolic Syndrome, Impaired Fasting Glucose,
Insulin Resistance, Glucose Elevation/Intolerance)

(Updated 10/30/2024)

To determine the applicant’s eligibility for certification, the AME must review a current, detailed Clinical Progress Note generated from a clinic visit with the treating physician or specialist **no more than 90 days prior** to the AME exam. If the applicant **meets ALL the acceptable certification criteria** listed below, the Examiner can issue. Applicants for first or second- class must provide this information annually; applicants for third-class must provide the information with each required exam. **NOTE: CACI expanded to include diabetic medication taken for weight loss.**

If the applicant has EVER had an A1C OF 6.5% OR GREATER, DO NOT USE THIS CACI.

AME MUST REVIEW	ACCEPTABLE CERTIFICATION CRITERIA
<p>Medication is used for:</p> <p>Note: Diabetes in remission (diet-controlled), diabetes treated with medication (including insulin), or diabetes insipidus DO NOT qualify for this CACI.</p>	<p><input type="checkbox"/> Prediabetes</p>
<p>Treating physician finds the condition is stable and NONE of the following are present:</p> <ul style="list-style-type: none"> • Symptoms or complications associated with diabetes; • Side effects from the medication; and/or • Hypoglycemic events (symptoms or glucose 70 mg/dl or less) which required intervention in the past 12 months 	<p><input type="checkbox"/> Yes</p>
<p>ONLY ONE of the medications listed is used:</p> <ul style="list-style-type: none"> • AME should verify two-week observation after starting medication. (See Pharmaceuticals, Weight Loss Medication). Note: 72-hour observation with each dosage change, either increasing or tapering the medication. • If using liraglutide or semaglutide, verify no history of substance use disorder, psychosis/psychotic symptoms, suicidal ideation, or self-destructive ideations at any time. 	<p><input type="checkbox"/> Yes</p> <p>Indicate which one medication is used:</p> <ul style="list-style-type: none"> <input type="checkbox"/> metformin OR <input type="checkbox"/> liraglutide OR <input type="checkbox"/> semaglutide OR <input type="checkbox"/> tirzepatide
<p>Current A1C</p> <p>Note: A1C 6.5% or greater is diagnostic for diabetes (ADA).</p>	<p><input type="checkbox"/> Yes to all of the following:</p> <ul style="list-style-type: none"> <input type="checkbox"/> Within last 90 days; <input type="checkbox"/> 6.4 mg/dL or LESS; and <input type="checkbox"/> No history ever of A1C 6.5% or greater

AME MUST NOTE in Block 60 one of the following:

CACI qualified prediabetes.

Has current OR previous SI/AASI but now CACI qualified prediabetes.

NOT CACI qualified prediabetes. I have deferred. (Submit supporting documents.)