

CACI – MASH/NASH (Liver) Worksheet

(Updated 02/25/2026)

To determine the applicant's eligibility for certification, the AME must review a [current, detailed Clinical Progress Note](#) generated from a clinic visit with the treating physician or specialist **no more than 90 days prior** to the AME exam. If the applicant **meets ALL the acceptable certification criteria** listed below, the AME can issue. Applicants for first- or second-class must provide this information annually; applicants for third-class must provide the information with each required exam.

AME MUST REVIEW	ACCEPTABLE CERTIFICATION CRITERIA
A current, detailed Clinical Progress Note from the Hepatologist or treating physician verifies:	<input type="checkbox"/> Condition is under control, insulin resistance (if present) is adequately treated, and no symptoms (such as fatigue or malaise) that would interfere with flight or safety related duties.
Any clinical evidence or diagnosis of cirrhosis:	<input type="checkbox"/> None
Fibrosis score from lab or imaging performed no more than 90 day ago None of the values are exceeded:	<input type="checkbox"/> FIB-4 index* is less than 1.3 <input type="checkbox"/> Ultrasound-based vibration-controlled transient elastography (VCTE) is less than 8 kPa <input type="checkbox"/> Magnetic resonance elastography is less than 2.55 kPa *If an imaging study has not been performed, calculate the FIB-4 index (requires age, platelet count, AST, and ALT).
Medications for condition (any combination of):	<input type="checkbox"/> None <input type="checkbox"/> Vitamin E <input type="checkbox"/> Weight loss medication (see that page)

AME MUST NOTE one of the following in Block 60:

- CACI qualified MASH/NASH. (Documents do not need to be submitted to the FAA.)
- Has current OR previous SI/AASI but now CACI qualified MASH/NASH.
- NOT CACI qualified MASH/NASH. I have deferred. (Submit supporting documents.)