

CACI – Weight Loss Management Worksheet

(Use of Medication for Obesity or Overweight)

(Updated 10/25/2023)

To determine the applicant’s eligibility for certification, the AME must review a current, detailed Clinical Progress Note generated from a clinic visit with the treating physician or specialist **no more than 90 days prior** to the AME exam. If the applicant **meets ALL the acceptable certification criteria** listed below, the Examiner can issue. Applicants for first or second- class must provide this information annually; applicants for third-class must provide the information with each required exam.

If the applicant has EVER had an A1C OF 6.5% or greater, DO NOT use this CACI.

AME MUST REVIEW	ACCEPTABLE CERTIFICATION CRITERIA
Medication is used for: Note: Diabetes in remission (diet-controlled), diabetes treated with medication (including insulin), or diabetes insipidus DO NOT qualify for this CACI.	<input type="checkbox"/> Weight Loss Management
Treating physician finds the condition is stable and NONE of the following are present: <ul style="list-style-type: none"> • Symptoms or complications associated with diabetes; • Side effects from the medication; and/or • Hypoglycemic events (symptoms or glucose 70 mg/dl or less) which required intervention in the past 12 months 	<input type="checkbox"/> Yes
ONLY ONE of the medications listed is used: <ul style="list-style-type: none"> • AME should verify two-week observation time after starting for weight loss. (See Pharmaceuticals, Weight Loss Medication.) • If using liraglutide or semaglutide, verify no history of substance use disorder, psychosis/psychotic symptoms, suicidal ideation, or self-destructive ideations at any time. 	<input type="checkbox"/> Yes Indicate which one medication is used: <ul style="list-style-type: none"> <input type="checkbox"/> metformin OR <input type="checkbox"/> liraglutide OR <input type="checkbox"/> semaglutide
Current A1C Note: A1C 6.5% or greater is diagnostic for diabetes (ADA).	<input type="checkbox"/> Yes to all of the following: <ul style="list-style-type: none"> <input type="checkbox"/> Within last 90 days; <input type="checkbox"/> 6.4 mg/dL or LESS; and <input type="checkbox"/> No history ever of A1C 6.5% or greater

AME MUST NOTE in Block 60 one of the following:

CACI qualified weight loss management.

Has current OR previous SI/AASI but now CACI qualified weight loss management.

NOT CACI qualified weight loss management. I have deferred. (Submit supporting documents.)