

CACI – Low Testosterone (Low T) Hypogonadism Worksheet

(Updated 09/25/2024)

To determine the applicant’s eligibility for certification, the AME must review a [current, detailed Clinical Progress Note](#) generated from a clinic visit with the **urologist, endocrinologist, or treating physician no more than 90 days prior** to the AME exam. If the applicant **meets ALL the acceptable certification criteria** listed below, the AME can issue. Applicants for first- or second- class must provide this information annually; applicants for third-class must provide the information with each required exam.

AME MUST REVIEW	ACCEPTABLE CERTIFICATION CRITERIA
A current, detailed Clinical Progress Note from the treating physician finds:	<input type="checkbox"/> Condition is stable on current regimen, no changes recommended, and no side effects which would interfere with flight duties. Note: Mild skin irritation and acne are acceptable.
Does the individual require treatment with phlebotomy.	<input type="checkbox"/> No
Any history of cardiovascular disease, thromboembolic events, or prostate cancer?	<input type="checkbox"/> No Note: Hypertension (HTN) is acceptable if meets standards
Complete blood count (CBC) performed within the last 90 days verifies:	<input type="checkbox"/> Hematocrit is 54% or less Note: Testosterone Therapy in Men With Hypogonadism: An Endocrine Society Clinical Practice Guideline.
Medications for condition (one or more of the following): Note: En clomiphene citrate is NOT acceptable.	<input type="checkbox"/> Anastrozole <input type="checkbox"/> Human Chorionic Gonadotropin (HCG) <ul style="list-style-type: none"> ▪ Requires a 7-day initial ground trial <input type="checkbox"/> Testopel <input type="checkbox"/> Testosterone (Oral or Injectable) <input type="checkbox"/> Clomiphene citrate <ul style="list-style-type: none"> ▪ Requires a 14-day initial ground trial, and ▪ AME must confirm no visual side effects present

AME MUST NOTE in Block 60 one of the following:

- CACI qualified Hypogonadism. (Documents do not need to be submitted to the FAA.)
- Has current OR previous SI/AASI but now CACI qualified Hypogonadism.
- NOT CACI qualified Hypogonadism. I have deferred. (Submit supporting documents.)