

# CHOLESTEROL MEDICATIONS

(Updated 08/27/2025)

**I. CODE OF FEDERAL REGULATIONS - 67.113(c); 67.213(c) and 67.313(c)**

**II. MEDICAL HISTORY:** Item 37: Vascular System

The applicant should provide history as to why the medication is used. If taken for a cardiac condition, see that section. The AME should inquire if the applicant has ever experienced any side effects that could interfere with aviation safety.

**III. AEROMEDICAL DECISION CONSIDERATIONS:**

See Item 37: Vascular system

**IV. PROTOCOL:** N/A

**V. PHARMACEUTICAL CONSIDERATIONS**

- Cholesterol Medication
  - All drug classes require the minimum standard 48-hour initial ground trial.

<b>ACCEPTABLE Cholesterol Medications</b> (as a single agent or in any combination product)	
✓ HMG-CoA reductase inhibitor <ul style="list-style-type: none"> <li>• atorvastatin (Lipitor; Sortis [INTL])</li> <li>• fluvastatin (Lescol)</li> <li>• lovastatin (Altoprev)</li> <li>• pravastatin (Pravachol)</li> <li>• rosuvastatin (Crestor)</li> <li>• simvastatin (Zocor)</li> </ul>	✓ Fibric Acid <ul style="list-style-type: none"> <li>• fenofibrate (Antara, Tricor, Triglide, Trilipix)</li> <li>• gemfibrozil (Lopid)</li> </ul>
	✓ Bile Acid Sequestrant <ul style="list-style-type: none"> <li>• cholestyramine (Prevalite; Questran)</li> <li>• colesevelam (Welchol)</li> <li>• colestipol (Colestid)</li> </ul>
✓ Omega-3-acid ethyl esters <ul style="list-style-type: none"> <li>• omega-3-acid ethyl esters (Lovaza)</li> <li>• icosapent ethyl (Vascepa)</li> </ul>	✓ Adenosine Triphosphate-Citrate Lyase (ACL) Inhibitor <ul style="list-style-type: none"> <li>• bempedoic acid (Nexletol)</li> </ul>
✓ Nicotinic acid <ul style="list-style-type: none"> <li>• niacin (Niaspan)</li> </ul>	✓ 2-Azetidinone <ul style="list-style-type: none"> <li>• ezetimibe (Zetia)</li> </ul>
✓ Monoclonal Antibody - PCSK9 Inhibitor <ul style="list-style-type: none"> <li>• alirocumab (Praluent)</li> <li>• evolocumab (Repatha)</li> </ul>	

<b>UNACCEPTABLE Cholesterol Medications</b>
Apolipoprotein B Antisense Oligonucleotide <ul style="list-style-type: none"> <li>• mipomersen (Kynamro)</li> </ul>