

## CIRRHOSIS

All Classes  
(Updated 02/25/2026)

DISEASE/CONDITION	EVALUATION DATA	DISPOSITION
<p><b>A.</b> Cirrhosis identified on imaging only (e.g. ultrasound/ MRI)</p>	<p>The AME should review the following:</p> <ul style="list-style-type: none"> <li>• Most recent detailed clinical progress note from the treating physician</li> </ul> <p>If this documentation verifies no history of or concern of a diagnosis of cirrhosis or liver disease:</p> <p>NOTE: If diagnosis of cirrhosis is confirmed, go to row B or C.</p> <p>If diagnosed with <a href="#">metabolic dysfunction associated steatotic liver disease (MASLD)</a>, <a href="#">non-alcoholic fatty liver disease (NAFLD)</a>, or <a href="#">non-alcoholic/metabolic associated steatohepatitis (MASH/NASH)</a>, see that page.</p>	<div style="background-color: #008000; height: 15px; width: 100%;"></div> <p style="text-align: center;"><b>ISSUE</b></p> <p>Annotate this information in Block 60 <b>and submit</b> the evaluation to the FAA for retention in the file.</p>
<p><b>B.</b> Non-alcoholic cirrhosis</p>	<p>Submit the following for FAA review:</p> <ol style="list-style-type: none"> <li>1. A <b>current, detailed Clinical Progress Note</b> generated from a clinic visit with the treating <b>hepatologist (liver specialist) or gastroenterologist</b> no more than <b>90 days before</b> the AME exam. It must include a detailed summary of the history of the condition; current medications, dosage, and side effects (if any); physical exam findings; results of any testing performed; diagnosis; assessment; plan (prognosis); and follow-up.</li> <li>2. It must specifically include: <ul style="list-style-type: none"> <li>○ How the condition was diagnosed, etiology, hospitalizations,</li> <li>○ If there is ANY history of hepatic encephalopathy, ascites or varices.</li> <li>○ Calculation of <b>Child-Pugh score</b></li> </ul> </li> <li>3. <b>Lab:</b> Performed within 90 days of exam to include:</li> </ol>	<div style="background-color: #ff0000; height: 15px; width: 100%;"></div> <p style="text-align: center;"><b>DEFER</b></p> <p>Submit the information to the FAA for a possible Special Issuance</p> <p>Annotate (elements or findings) in Item 60.</p>

DISEASE/CONDITION	EVALUATION DATA	DISPOSITION
	<ul style="list-style-type: none"> <li>○ CBC;</li> <li>○ Comprehensive metabolic panel;</li> <li>○ GGT;</li> <li>○ Alpha-fetoprotein; and</li> <li>○ PT/PTT/INR</li> </ul> <p>4. Most recent imaging studies (e.g., ultrasound, MRI, etc.)</p> <p>5. Most recent upper endoscopy report and any associated pathology reports</p> <p>6. Biopsy results (if performed)</p> <p>7. Neuropsychological Evaluation with interpretation of CogScreen-Aeromedical Edition.*</p> <p>8. Results of any other testing deemed appropriate by the treating physician.</p> <p>*Note: If CogScreen-AE is interpreted as abnormal, completion of neurocognitive testing per specs for Potential Neurocognitive Impairment is indicated.</p>	
C. Alcoholic Cirrhosis	<p>Submit the following for FAA review:</p> <ol style="list-style-type: none"> <li>1. All items in Row B</li> <li>2. Once stable, all items for <a href="#">Substance Abuse/Dependence</a></li> </ol>	<div style="background-color: red; height: 15px; width: 100%;"></div> <p style="text-align: center;"><b>DEFER</b></p> <p style="text-align: center;">Submit the information to the FAA for a possible Special Issuance</p> <p>Annotate (elements or findings) in Block 60.</p>