

ACROMEGALY

All Classes
(Updated 07/29/2026)

DISEASE/CONDITION	EVALUATION DATA	DISPOSITION
A. Due to pituitary tumor NOTE: Must submit this information AND Any required pituitary tumor information.	Submit the following for FAA review: Sleep Study that meets current AASM or CMS Guidelines for a Type I or Type II sleep study (Type III or Type IV NOT allowed) performed no more than 12 months before the AME exam. (If currently treated for OSA, see that page.) - A <u>current, detailed Clinical Progress Note</u> generated from a clinic visit with a cardiologist no more than 90 days before the AME exam. <i>It should include a summary of the history of the condition or diagnosis; current medications, dosages, and side effects (if any); clinical exam findings; results of any testing performed; diagnosis; assessment and plan (prognosis); and follow-up.</i> - Labs to include lipids and hemoglobin A1c performed no more than 90 days before the AME exam. Echocardiogram (Echo). <i>Copies of a 2-D and Doppler flow study report performed no more than 90 days prior to the AME exam.</i> 24-hour cardiac monitor performed no more than 90 days prior to the AME exam. <i>≥ 24-hour cardiac monitor (such as a Holter, Zio Patch, etc.). It should have atrial and ventricular ectopic counts; hourly tabular data to include the longest pause duration and counts of all pauses > 2.0 or 2.5 seconds; heart rate (max, min, and average); other histograms and frequency graphs; and percentage of atrial fibrillation/flutter.</i>	DEFER Submit the information to the FAA for a possible Special Issuance

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	6. A Neuropsychological evaluation that meets **FAA Specifications for Neuropsychological Evaluations for Potential Neurocognitive Impairment** from a clinic visit with the treating neuropsychologist no more than 90 days before the AME exam. 7. Other records and testing: Copies of prior records and any testing already performed by the treating physician. 8. All items listed on the correct row of the PITUITARY ADENOMA page.	
B. Due to any other cause or tumor in any location other than pituitary gland.	Submit the following to the FAA for review: 1. All items in Row A AND 2. A current, detailed Clinical Progress Note generated from a clinic visit with the treating Endocrinologist no more than 90 days before the AME exam. It must include a detailed summary of the history of the condition; current medications, dosage, and side effects (if any); physical exam findings; results of any testing performed; diagnosis; assessment; plan (prognosis); and follow-up. 3. It must specifically include the cause of acromegaly, if known. 4. Copies of all imaging per location of tumor if present (pancreas, hypothalamus, etc.). 5. Other records and testing already performed by the treating physician.	DEFER Submit the information to the FAA for a possible Special Issuance