Antidepressant Medication for Non-Mental Health Conditions

All Classes

(Updated 11/18/2026)

A. Current use of Acceptable Antidepressant medication(s) for conditions not including Mental Health Such as: • Peripheral neuropathy • Irritable Bowel Syndrome (IBS) • Menopausal vasomotor symptoms • Smoking cessation **Note:** Must be an acceptable medication. Many chronic medical conditions have an underlying mental health component contributing to the physical symptoms for which antidepressant medications can provide some benefit.	**FOUR weeks (minimum)** after starting medication (for a clearly documented non-mental health condition) and symptoms have resolved and no side effects, obtain the following and submit to the FAA: **1.** A current, detailed Clinical Progress Note generated from a clinic visit with their **treating provider** no more than 90 days before the AME exam. *It should include a summary of the history of the condition or diagnosis; current medications, dosages, and side effects (if any); clinical exam findings; results of any testing performed; diagnosis; assessment and plan (prognosis); and follow-up.* **2. It must specifically identify** the underlying condition and indication for the medication, if there is any history or evidence of a mental health concern or diagnosis, **AND verify absence of side effects**. **3. Mental Health History Checklist** completed by treating physician. **4.** Include clinical records to confirm any underlying condition(s) being treated have no mental health relationship (e.g., chronic pain conditions). **5.** See corresponding page for underlying condition requirements. **Note:** After review of the above, additional evaluation may be required.	**See the associated condition page.** AME must disposition the underlying condition and medication being used per the appropriate FAA disposition table and FAA MedGuide. The use of medication will require a Special Issuance/Special Consideration.