

HIATAL HERNIA (Sliding or Paraesophageal)

All Classes
Updated 09/30/2026

DISEASE/CONDITION	EVALUATION DATA	DISPOSITION
A. Asymptomatic simple hiatal hernia with typical reflux symptoms adequately controlled with or without medication OR treated surgically, with full recovery AND No alarm features (e.g., dysphagia, odynophagia, weight loss, GI bleeding, anemia, or recurrent vomiting)	If the AME can determine the condition is stable, well controlled, with no aeromedical concerns, and medications are acceptable: Note: Medication such as antacids, proton pump inhibitors (PPIs), or H2 blockers are acceptable if there are no side effects.	ISSUE Summarize findings in Item 60.
B. Paraesophageal hernia, surgically repaired 2 or more years ago	The AME should review: 1. A current, detailed Clinical Progress Note generated from a clinic visit with their treating physician or surgeon no more than 90 days before the AME exam. <i>It should include a summary of the history of the condition or diagnosis; current medications, dosages, and side effects (if any); clinical exam findings; results of any testing performed; diagnosis; assessment and plan (prognosis); and follow-up.</i> 2. Current CBC (lab). 3. Results of any other testing already performed by the treating physician. If the AME can determine there are no symptoms or current problems that would interfere with flight duties and no ongoing treatment or surveillance needed:	ISSUE Summarize findings in Item 60 and submit the evaluation to the FAA for retention in the file.

DISEASE/CONDITION	EVALUATION DATA	DISPOSITION
C. All others (Complicated) Unrepaired paraesophageal hernia OR Surgically repaired less than 2 years ago.	Submit the following for FAA review: 1. A current, detailed Clinical Progress Note generated from a clinic visit with their treating physician or surgeon no more than 90 days before the AME exam. <i>It should include a summary of the history of the condition or diagnosis; current medications, dosages, and side effects (if any); clinical exam findings; results of any testing performed; diagnosis; assessment and plan (prognosis); and follow-up.</i> 2. Current CBC (lab). 3. Results of any other testing already performed by the treating physician.	DEFER Submit the information to the FAA for a possible Special Issuance. Summarize findings in Item 60.