

POSTURAL TACHYCARDIA SYNDROME (POTS)

All Classes
Updated 08/26/2026

DISEASE/CONDITION	EVALUATION DATA	DISPOSITION
A. Any history Note: In most cases, a diagnosis of POTS is not acceptable for medical certification/clearance.	Submit the following for FAA review: 1. A current, detailed Clinical Progress Note generated from a clinic visit with the treating cardiologist or neurologist performed no more than 90 days before the AME exam. <i>It should include a summary of the history of the condition or diagnosis; current medications, dosages, and side effects (if any); clinical exam findings; results of any testing performed; diagnosis; assessment and plan (prognosis); and follow-up.</i> 2. It must specifically include if the diagnosis of POTS is: • Confirmed; • Equivocal; or • Not confirmed 3. Copies of any other treatment records or testing already performed by any providers for this or any similar condition by the treating physician. • Doctor's office notes; • Consultant notes; • Results from any testing already performed for the condition; and • Hospital records: History and Physical (H&P), operative notes, and discharge summary (if applicable). Note: To rescind the diagnosis of POTS, submit an evaluation performed by: • POTS center of excellence; • A neurologist specializing in autonomic nervous system disorders; OR • A researcher with extensive experience in POTS.	DEFER Submit the information to the FAA.