FAA CERTIFICATION AID – ANTIDEPRESSANT INITIAL Certification

(Updated 11/18/2026)

The following information is to assist your treating physician / provider who may be unfamiliar with FAA medical certification/clearance requirements. It lists the ABSOLUTE MINIMUM information required by the FAA to make a determination on a medical certificate for airmen or clearance for FAA ATCS. If each item is not addressed by the corresponding provider, there may be a **delay** in the processing of your medical certification or clearance until that information is submitted. Additional information such as clinic notes or explanations should also be submitted as needed. All reports must be CURRENT (within the last 90 days) for FAA purposes.

REPORT FROM	MUST SPECIFICALLY ADDRESS OR STATE THE FOLLOWING:
Airman or FAA ATCS	1. A typed statement, in your own words, describing your mental health history, antidepressant or other mental health medication use, and any other treatment. **At a minimum, you must include the following information:** a. Symptoms: when started, what type, and when/how you first sought treatment. b. List all providers you have seen for any mental health condition(s) and **dates.** c. List all medications you have taken, dates they were started and stopped, whether they helped or not. d. List any other treatment(s) you have utilized, dates they were started and stopped, if they helped or not. e. List dates and locations of any hospitalizations due to any mental health condition. If you have not had any, that must be stated. f. Describe your current status: current medication dose, how long you have been on it, and how you function both on and off the medication. 2. Sign and date your statement. 3. Provide copies of **all of your medical/treatment records** related to your mental health history (to include any treatment records for past related symptoms where you were NOT on an antidepressant as well as from the date you began treatment to the present) *and* **sign two release forms* for the FAA to release a complete copy of your FAA medical file** to your FAAR Psychiatrist and FAAR Neuropsychologist as applicable. ***For ATCS release form** information, contact your RFS office.
Treating Provider and/or **Evaluating Psychiatrist**	A current detailed evaluation report that summarizes clinical findings and status of how the airman/FAA ATCS is doing. At a minimum, it must include the following: 1. **Qualifications:** State your board certifications and specialty. 2. **History**: a. Review the overall symptoms and treatment history, **with a timeline of evaluations and treatments (including start and stop dates).** b. Discuss the severity of the condition and any relapse/recurrence**.** 3. **Medication:** a. **Current name and dose of medication**. b. How long has the airman/FAA ATCS been on this medication at this dosage? c. Any side effects from the current medications? (If none, that should be stated.) d. When was the most recent change in medication? (Dose, medication type, or discontinuation of medication) e. Previous medications that have been tried. List name, dosage, dates of use, and presence or absence of any side effects and outcomes. f. Are additional changes in dose or medication recommended or anticipated? 4. **Diagnosis:** a. Specify the current diagnosis(es). [If none, that should be stated.] b. Discuss the severity of the condition. 5. **Summary, treatment, and follow-up recommendations:** a. Discuss the airman/FAA ATCS's overall psychiatric and behavioral status and risk of recurrence. b. How will this airman/FAA ATCS be followed? At what interval? c. Do you have any clinical concerns or recommend a change in treatment plan?

	6. Please **immediately notify the FAA** (for airmen: 405-954-4821; for FAA ATCS, contact the RFS office) **if there is any worsening of the** airman/FAA ATCS's condition.
REPORTS FROM ADDITIONAL PROVIDERS **OR** **REPORTS REGARDING OTHER CONDITIONS**	Supplemental reports (if any) that may be related to the condition for which the antidepressant medication is prescribed: • Any drug testing results • Psychotherapist records and reports • Social worker reports Special Issuance/ Special Consideration conditions: The airman/FAA ATCS should bring reports and documentation for any other conditions that may require Special Issuance/Special Consideration to the AME for review. CACI conditions (airman only): The airman should bring reports or other documentation listed on the CACI worksheet to the AME for review.