

GERD (gastroesophageal reflux disease or reflux)

All Classes
(Updated 03/25/2026)

DISEASE/CONDITION	EVALUATION DATA	DISPOSITION
<p>A. Treated with lifestyle/diet changes or acceptable medication</p>	<p>If the AME can determine the condition is under control, medications are acceptable, and the individual has no symptoms that would interfere with flight or safety related duties:</p>	<div style="background-color: #008000; height: 15px; width: 100%;"></div> <p style="text-align: center;">ISSUE</p> <p>Summarize in Item 60 including if meds are needed or any complications.</p>
<p>B. Requiring a surgical procedure 2 or more months ago</p>	<p>If the AME can determine through history and exam, the surgery was 2 or more months ago with no complications, no evidence of GI bleed or cancer, and the condition has resolved:</p>	<div style="background-color: #008000; height: 15px; width: 100%;"></div> <p style="text-align: center;">ISSUE</p> <p>Summarize findings in Item 60.</p> <p>AME must specifically mention if any complications.</p>
<p>C. Severe or Requiring surgical procedure less than 2 months ago or Recurrent procedure(s) NOTE: most require a six (6) week recovery period after a surgical procedure such as Nissen fundoplication.</p>	<p>Submit the following to the FAA:</p> <ol style="list-style-type: none"> 1. A current, detailed Clinical Progress Note generated from a clinic visit with the treating gastroenterologist or surgeon no more than 90 days before the AME exam. It must include a detailed summary and discussion of the history of the condition; current medications, dosage, and side effects (if any); physical exam findings; results of any testing performed; diagnosis; assessment; plan (prognosis); and follow-up. 2. It must specifically include etiology, surgical outcomes, and any complications. 3. Other testing performed or deemed clinically necessary by the treating physician. 	<div style="background-color: #800000; height: 15px; width: 100%;"></div> <p style="text-align: center;">DEFER</p> <p>Submit the information to the FAA for a possible Special Issuance</p> <p>Summarize findings in Item 60.</p>