

**KIDNEY STONE(S)  
(NEPHROLITHIASIS, RENAL CALCULI)  
OR RENAL COLIC**

All Classes  
(Updated 06/28/2017)

DISEASE/CONDITION	EVALUATION DATA	DISPOSITION
<b>A. Most recent event/diagnosis <u>5 or more years ago.</u></b>	No symptoms or current problems. Renal function has returned to normal. No ongoing treatment or surveillance needed.	<div style="background-color: #008000; height: 15px; width: 100%;"></div> <b>ISSUE</b> Summarize this history in Block 60.
<b>B. Single stone that passed <u>Less than 5 years ago</u> with no complications*</b>	If a <b>single stone passed</b> or is in the bladder with no further problems and imaging (such as a KUB) verifies <b>no retained stones:</b>	<div style="background-color: #008000; height: 15px; width: 100%;"></div> <b>ISSUE</b> Summarize this history in Block 60.
<b>C. Multiple or Retained asymptomatic stone(s) <u>Less than 5 years ago</u> with no complications*</b>  <b>Note:</b> Use this for incidental findings.	See CACI worksheet	Follow the <a href="#">CACI – Retained Kidney Stone(s) Worksheet</a> . Annotate Block 60
<b>D. All others</b> Complications* Symptomatic Underlying cause for recurrent stones	Submit the following to the FAA for review: <ul style="list-style-type: none"> <li><input type="checkbox"/> <b>Current, detailed Clinical Progress Note</b> generated from a clinic visit with the treating urologist no more than 90 days before the AME exam with treatment plan and prognosis.</li> <li><input type="checkbox"/> If underlying cause is identified, the status report should include diagnosis, treatment plan, prognosis and adherence to treatment for this condition;</li> <li><input type="checkbox"/> List of medications and side effects (if any);</li> <li><input type="checkbox"/> Operative notes and discharge summary (if applicable);and</li> <li><input type="checkbox"/> Copies of imaging reports and lab (if already performed by treating physician)</li> </ul>	<div style="background-color: #ff0000; height: 15px; width: 100%;"></div> <b>DEFER</b> Submit the information to the FAA for a possible Special Issuance.  <b>Follow up Issuance</b> Will be per the airman’s authorization letter

**\*Complications include:**

- Hydronephrosis (chronic).
- Metabolic/underlying condition requiring treatment/surveillance/monitoring
- Procedures (3 or more for kidney stones within the last 5 years)
- Renal failure or obstruction (acute or chronic).
- Sepsis or recurrent urinary tract infections due to stones

**Metabolic evaluations and imaging** should be performed as clinically indicated by the treating physician. Acceptable imaging includes KUB, ultrasound, IVP, or CT/MRI as clinically appropriate per the treating physician.