

# Obstructive Sleep Apnea Specification Sheet A Information Request

(Updated 10/25/2023)

Your application for airman medical certification submitted this date indicates that you have been treated or previously assessed for Obstructive Sleep Apnea (OSA).

You must provide the following information to the Aerospace Medical Certification Division (AMCD) or your Regional Flight Surgeon within 90 days:

- All reports and records regarding your assessment for OSA by your primary care physician and/or a sleep specialist.
- If you are currently being treated, also include:
  - A signed FAA Compliance with Treatment sheet or equivalent;
  - The results and interpretive report of your most recent sleep study; and
  - A current status report from your treating physician indicating that OSA treatment is still effective.
    - **For CPAP/ BIPAP/ APAP:**  
A copy of the cumulative annual PAP device report. Target goal should show use for at least 75% of sleep periods and an average minimum of 6 hours use per sleep period.
    - **For Dental Devices or for Positional Devices:**  
Once Dental Devices with recording / monitoring capability are available, reports must be submitted.
- To expedite the processing of your application, please submit the aforementioned information **in one mailing** using your reference number (PI, MID, or APP ID).

<b>Using Regular Mail (US Postal Service)</b>	<b>Using Special Mail (FedEx, UPS, etc.)</b>
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