

Polycystic Ovarian Syndrome (PCOS)

All Classes
(Updated 09/27/2023)

DISEASE/CONDITION	EVALUATION DATA	DISPOSITION
<p>A. Not requiring medication; treated with lifestyle intervention only</p>	<p>If the AME can determine:</p> <ul style="list-style-type: none"> • Condition is under control; • No medications used; and • No symptoms that would interfere with flight or safety related duties 	<div style="background-color: #008000; height: 15px; margin-bottom: 5px;"></div> <p style="text-align: center;">ISSUE Annotate this information in Block 60.</p>
<p>B. Treated with acceptable medication(s).</p>	<p>See the CACI - Polycystic Ovarian Syndrome (PCOS) Worksheet.</p> <p>This will require a current, detailed Clinical Progress Note.</p> <p>If the pilot meets all CACI worksheet criteria and is otherwise qualified:</p>	<div style="background-color: #008000; height: 15px; margin-bottom: 5px;"></div> <p style="text-align: center;">ISSUE with no time limitation</p> <p>Annotate the correct CACI statement in Block 60 and keep the required supporting information on file.</p>
<p>C. All others</p>	<p>Submit the following for FAA review:</p> <ol style="list-style-type: none"> 1. A current, detailed Clinical Progress Note generated from a clinic visit with the treating endocrinologist, OB/GYN, or treating physician no more than 90 days before the AME exam. It must include: <ul style="list-style-type: none"> • A detailed summary of the history of the condition; • Current medications, dosage, and side effects (if any); physical exam findings; results of any testing performed; diagnosis; assessment and plan; prognosis; and follow-up. 2. The Clinical Progress Note must specifically include if there is any: <ul style="list-style-type: none"> • History of obstructive sleep apnea; • Evidence of depression or anxiety as indicated; by current PHQ-9/GAD-7 score); and/or • Evidence of diabetes. 3. Any other testing already completed or deemed necessary by the treating physician. 	<div style="background-color: #ff0000; height: 15px; margin-bottom: 5px;"></div> <p style="text-align: center;">DEFER Submit the information to the FAA for a possible Special Issuance</p>