

ANTIHYPERTENSIVE
(HTN, blood pressure medication)

(Updated 09/30/2026)

I. CODE OF FEDERAL REGULATIONS

67.113(b)(c); 67.213(b)(c); and 67.313(b)(c)

II. MEDICAL HISTORY: Item 18.h., High or low blood pressure.

III. AEROMEDICAL DECISION CONSIDERATIONS:

[Item 36. Heart, Hypertension](#)

[Item 55. Blood Pressure](#)

[Item 46. Neurologic Headaches - Migraine, CACI and AASI](#)

IV. PROTOCOL: N/A. See Hypertension Disposition table

V. PHARMACEUTICAL CONSIDERATIONS

- Seven-day (7) no fly/ground trial is required when starting a new hypertension (HTN) medication to verify no side effects.
- AME should issue (if otherwise qualified) if the airman is on 3 or fewer medications
- Use of beta-adrenergic blockers ARE allowed with insulin, meglitinides, or sulfonylureas.

ACCEPTABLE HTN Medications (when certification criteria are met)	
✓ Alpha adrenergic blockers	✓ Calcium channel blockers
✓ Angiotensin converting enzyme (ACE) inhibitors	✓ Direct renin inhibitors
✓ Angiotensin II receptor antagonists (ARBs)	✓ Direct vasodilators
✓ Beta-adrenergic blockers	✓ Diuretics
	✓ Endothelin Receptor Antagonists

UNACCEPTABLE HTN Medications (as a single agent or in any combination product) DO NOT ISSUE
• Clonidine (ex. Catapres/Clorpres) • guanabenz • guanfacine/Tenex • methyl dopa • Nitrates (ex. nitroglycerin/isosorbide dinitrate/isosorbide mononitrate)