

PREDIABETES

(Metabolic Syndrome, Impaired Fasting Glucose,
Insulin Resistance, or Glucose Elevation/Intolerance)

All Classes
(09/27/2023)

DISEASE/CONDITION	EVALUATION DATA	DISPOSITION
<p>A. Treated with lifestyle intervention</p>	<p>If the AME can determine the condition is:</p> <ul style="list-style-type: none"> • Under control; • Current medications are acceptable; and • The individual has no symptoms that would interfere with flight duties: 	<p>ISSUE</p> <p>Annotate this information in Block 60.</p>
<p>B. Treated with ONE diabetic medication (<u>non-insulin</u>) component</p>	<p>See the CACI – Prediabetes Worksheet and the Weight Loss Management or Prediabetes Status Report</p> <p>This requires a current, detailed Clinical Progress Note from the treating physician and Hemoglobin A1c lab performed no more than 90 days before the AME exam.</p> <p>If the pilot meets all CACI worksheet criteria and is otherwise qualified:</p>	<p>ISSUE</p> <p>Annotate the correct CACI statement in Block 60 and keep the required supporting information on file.</p>
<p>C. Treated with TWO (2) or more diabetic medication (<u>non-insulin</u>) components</p> <p>Note: If the medication is taken for weight loss, and the individual has a diagnosis of diabetes, see www.faa.gov/go/diabetic</p>	<p>Submit either:</p> <ol style="list-style-type: none"> 1. Diabetes or Hyperglycemia on Oral Medications Status Report (The treating physician must clearly indicate the reason for the medication and if there is any history of diabetes.) <p style="text-align: center;">OR</p> <ol style="list-style-type: none"> 2. A current, detailed Clinical Progress Note from the treating physician which contains all the required information listed in the above status report. <ul style="list-style-type: none"> • It must include the indication for the medication and if there is any history of diabetes or not; • Hemoglobin A1c lab performed no more than 90 days before the AME exam. 	<p>DEFER</p> <p>Submit the information to the FAA for a possible Special Issuance</p> <p>Annotate (elements or findings) in Block 60.</p>

Note: For [Polycystic Ovarian Syndrome \(PCOS\)](#), see that page.