

PRIMARY HEMOCHROMATOSIS

All Classes
(Updated 10/27/2021)

DISEASE/CONDITION	EVALUATION DATA	DISPOSITION
<p>A. Tested and found not to have the disease.</p> <p>Carrier status in the Absence of disease is not disqualifying.</p>	<p>No evaluations or follow up needed.</p>	<p style="background-color: #008000; color: white; text-align: center;">ISSUE</p> <p>Summarize this history in Block 60.</p>
<p>B. Asymptomatic</p>	<p>See CACI worksheet</p>	<p>Follow the CACI-Primary Hemochromatosis Worksheet. Annotate Block 60.</p>
<p>C. Symptomatic</p> <p>OR</p> <p>Evidence of End Organ Damage</p> <p>OR</p> <p>Co-morbid conditions*</p> <ul style="list-style-type: none"> • Unacceptable medications are used; • Side effects are present; • Phlebotomy performed more than monthly; and/or • Iron overload caused by other mechanisms or diseases (e.g. secondary hemochromatosis) 	<p>Submit the following to the FAA for review:</p> <ul style="list-style-type: none"> <input type="checkbox"/> Current evaluation from a board-certified gastroenterologist, hepatologist, or hematologist which documents course of disease from diagnosis to present; severity of the condition; presence or absence of joint, liver, CNS, endocrine, renal or hematologic disease; pertinent historical lab summary; and evidence of any cognitive changes. Evaluation should document stability, treatment plan, and prognosis. <input type="checkbox"/> List of medications and side effects, if any <input type="checkbox"/> Current Lab (within the past 90 days) <ul style="list-style-type: none"> <input type="checkbox"/> CBC, serum iron, ferritin level, and transferrin saturation <input type="checkbox"/> Comprehensive metabolic panel <input type="checkbox"/> Hemoglobin A1c <input type="checkbox"/> TSH 	<p style="background-color: #ff0000; color: white; text-align: center;">DEFER</p> <p>Submit the information to the FAA for a possible Special Issuance.</p> <p>Follow up Issuance will be per the airman's authorization letter.</p>

DISEASE/CONDITION	EVALUATION DATA	DISPOSITION
	<input type="checkbox"/> Resting EKG <input type="checkbox"/> Echocardiogram <input type="checkbox"/> Liver/cardiac imaging and biopsies (only if clinically indicated) <input type="checkbox"/> Any other testing clinically indicated	

***Note:**

Co-morbid conditions for FAA purposes include:

- Arthropathy;
- Cardiomyopathy or other cardiac disease;
- Cirrhosis or other documented hepatic disease;
- CNS disease (including cognitive deficits);
- Endocrine disease including diabetes, hypopituitarism, hypogonadism, or hypothyroidism;
- Kidney disease;
- Polycythemia;
- Myeloproliferative disorders; and/or
- Other condition requiring multiple transfusions