

**PSORIASIS**  
All Classes  
(Updated 08/28/2024)

DISEASE/CONDITION	EVALUATION DATA	DISPOSITION
<p><b>A.</b> Mild to moderate disease confined to the skin</p> <p>AND</p> <p>Treated with topical medication only</p>	<p>If the AME can determine the condition is under control, current medications are acceptable, and no symptoms that would interfere with flight or safety related duties:</p>	<p style="text-align: center;"><b>ISSUE</b></p> <p>Annotate this information in Block 60.</p>
<p><b>B.</b> Mild to moderate disease</p> <p>AND</p> <p>Treated with oral or injectable medication</p> <p>If psoriatic arthritis present, see <a href="#">CACI – Arthritis Worksheet</a></p>	<p>See the <a href="#">CACI - Psoriasis Worksheet</a></p> <p>This requires a current, detailed Clinical Progress Note from the treating physician. (Labs required if taking methotrexate.)</p> <p>If the pilot meets all CACI worksheet criteria and is otherwise qualified:</p>	<p style="text-align: center;"><b>ISSUE</b></p> <p>Annotate (elements or findings) in Block 60.</p> <p>Annotate the correct CACI statement in Block 60 and keep the required supporting information on file.</p>
<p><b>C.</b> All others including:</p> <ul style="list-style-type: none"> <li>• Erythrodermic psoriasis</li> <li>• Pustular psoriasis</li> <li>• Severe psoriasis</li> </ul>	<p>Submit the following for FAA review:</p> <p><b>A current, detailed Clinical Progress Note</b> generated from a clinic visit with the treating <b>Dermatologist</b> or <b>Rheumatologist</b> no more than 90 days prior to the AME exam. It must include:</p> <ul style="list-style-type: none"> <li>• A detailed summary of the history of the condition;</li> <li>• Current medications, dosage, and side effects (if any);</li> <li>• Physical exam findings;</li> <li>• Results of any testing performed;</li> <li>• Diagnosis;</li> <li>• Assessment and plan;</li> <li>• Prognosis; and</li> <li>• Follow-up.</li> </ul> <p>The Clinical Progress Note must specifically include:</p> <ul style="list-style-type: none"> <li>• If any co-morbid conditions are present</li> <li>• Documentation of counseling on guideline-directed screening for co-morbid conditions</li> </ul> <p>See <a href="#">Pilot Information – Clinical Progress Note</a>.</p>	<p style="text-align: center;"><b>DEFER</b></p> <p>Submit the information to the FAA for a possible Special Issuance</p> <p>Annotate (elements or findings) in Block 60.</p>