RAYNAUD'S SYNDROME

(Primary Raynaud's/Raynaud's Disease or Secondary Raynaud's/Raynaud's Phenomenon)

All Classes

(Updated 05/31/2023)

DISEASE/CONDITION	EVALUATION DATA	DISPOSITION
 A. Primary Raynaud's OR Raynaud's disease 	If the AME is able to determine through history and physical exam, there is no underlying cause, illness, or injury, the symptoms do not impede flight duties, and medication used to treat this condition is acceptable (see HTN meds):	ISSUE Annotate (elements or findings) in Item 60.
B. Secondary Raynaud's	Submit the following:	
OR Raynaud's phenomenon	 A current, detailed Clinical Progress Note generated from a clinic visit with the treating physician no more than 90 days before the AME exam. 	DEFER Submit the information to the FAA for a possible
OR	It must include:	Special Issuance
with any impairment or disability due to the condition. If due to a known cause - see that section (Ex: systemic lupus erythematosus, Rheumatoid arthritis)	 A detailed summary of the history of the condition; Current medications, dosage, and side effects (if any); Physical exam findings; Results of any testing performed; Diagnosis; Assessment and plan; Prognosis; and Follow-up 	Annotate (elements or findings) in Item 60.
	 Any other testing already performed or deemed clinically necessary by the treating physician. 	

Note: The names Raynaud's disease, Raynaud's phenomenon, or Raynaud's syndrome are often used interchangeably.

If the AME has any concerns regarding the type or severity of the condition, request a current, detailed Clinical Progress Note from the treating physician.