

## SMOKING CESSATION MEDICATIONS

(Updated 04/29/2026)

### I. CODE OF FEDERAL REGULATIONS - 67.113(c); 67.213(c) and 67.313(c)

### II. MEDICAL HISTORY: Item 47: Psychiatric

Verify why the medication is used. If taken for a psychiatric condition, see that section. Inquire if any side effects that could interfere with aviation safety have occurred.

### III. AEROMEDICAL DECISION CONSIDERATIONS:

See Item 47: Psychiatric

### IV. PROTOCOL: N/A

### V. PHARMACEUTICAL CONSIDERATIONS

- Usual treatment duration is 12 weeks, however, extended maintenance therapy up to one year may have additional guidance.

ACCEPTABLE Smoking Cessation Medications (as a single agent or in any combination product)		
Medication	Initial observation (Ground Trial)	Post-dose observation (no-fly time after each dose)
• nicotine (gum, lozenge, patch)	None	None
• nicotine (nasal spray)	48 hours	None
• varenicline (oral) (Chantix) <ul style="list-style-type: none"><li>○ AME can issue if no history of psychiatric condition(s) or concerns. Annotate Item 60.</li><li>○ If used as an antidepressant see <a href="#">Anxiety, Depression and Related Conditions Table</a></li></ul>	1 week	None

UNACCEPTABLE Smoking Cessation Medications
• bupropion SR (Zyban) <ul style="list-style-type: none"><li>○ FIRST treatment course<ul style="list-style-type: none"><li>▪ Do NOT issue a medical during active treatment.</li><li>▪ Once treatment is complete, a 7 day no-fly after last dose is required.</li></ul></li><li>○ RECURRENT treatment or EXTENDED therapy &gt; 6 months<ul style="list-style-type: none"><li>▪ Refer to <a href="#">Anxiety, Depression and Related Conditions Table</a></li></ul></li></ul>
• nortriptyline (Pamelor)