

Weight Loss Management
 (Use of Medication for Obesity or Overweight)
 All Classes
 (03/27/2024)

| DISEASE/CONDITION | EVALUATION DATA | DISPOSITION |
|---|---|---|
| <p>A. Treated with lifestyle intervention or acceptable over-the-counter (OTC) medications</p> <p>See Weight Loss Medications</p> | <p>If the AME can determine the condition is:</p> <ul style="list-style-type: none"> • Under control; • Current medications are acceptable; and • The individual has no symptoms that would interfere with flight duties: | <p style="background-color: #008000; color: white; text-align: center; padding: 2px;">ISSUE</p> <p>Annotate this information in Block 60.</p> |
| <p>B. Treated with ONE diabetic medication (non-insulin) component</p> | <p>See the CACI – Weight Loss Management Worksheet</p> <p>This requires a current, detailed Clinical Progress Note from the treating physician and Hemoglobin A1c lab performed no more than 90 days before the AME exam.</p> <p style="text-align: center;">OR</p> <p>Weight Loss Management Status Report</p> <p>If the pilot meets all CACI worksheet criteria and is otherwise qualified:</p> | <p style="background-color: #008000; color: white; text-align: center; padding: 2px;">ISSUE</p> <p>Annotate the correct CACI statement in Block 60 and keep the required supporting information on file.</p> |
| <p>C. Treated with TWO (2) or more diabetic medication (non-insulin) components</p> <p>Note: If the medication is taken for weight loss, and the individual has a diagnosis of diabetes, see www.faa.gov/go/diabetic</p> | <p>Submit either:</p> <ol style="list-style-type: none"> 1. Weight Loss Management Status Report (The treating physician must clearly indicate the reason for the medication and if there is any history of diabetes.) <p style="text-align: center;">OR</p> <ol style="list-style-type: none"> 2. A current, detailed Clinical Progress Note from the treating physician which contains all the required information listed in the above status report. <ul style="list-style-type: none"> • It must include the indication for the medication and if there is any history of diabetes or not; • Hemoglobin A1c lab performed no more than 90 days before the AME exam. | <p style="background-color: #ff0000; color: white; text-align: center; padding: 2px;">DEFER</p> <p>Submit the information to the FAA for a possible Special Issuance</p> <p>Annotate (elements or findings) in Block 60.</p> |

Note: For [Polycystic Ovarian Syndrome \(PCOS\)](#), see that page.