The January/February 2014 issue of FAA Safety Briefing explores the important role technology plays in keeping general aviation safe and efficient. Articles discuss the many benefits of emerging technologies as well as the potential safety hazards of being too technologically focused.

**Features**

8  **The (Lost) Art of Paying Attention**  Managing the Attraction to Technological Distraction  
   by Susan Parson  

13  **T.M.I.!**  Hyperlinks Through the Information Superhighway  
   by Sabrina Woods  

16  **New Technologies, New Procedures**  Making the Most of Modernization Options  
   by Paul Cianciolo  

19  **Li-Ion Taming**  Keeping the Powerpacks Under Control  
   by Susan Parson  

20  **Brushing Back the Dark**  A Look at the Latest in Night Vision Technology  
   by James Williams  

24  **There’s Light at the End of the Runway**  Using Data and Technology to Improve Runway Safety  
   by Tom Hoffmann  

28  **Lights, Camera, Action**  Tips for Recording Your Flights  
   by Paul Cianciolo  

**Departments**

1  **Jumpseat** — an executive policy perspective  
2  **ATIS**  — GA news and current events  
7  **Ask Medical Certification**  — Q&A on medical certification issues  
30  **Angle of Attack**  — GA safety strategies  
31  **Nuts, Bolts, and Electrons**  — GA maintenance issues  
33  **Checklist**  — FAA resources and safety reminders  
34  **Vertically Speaking**  — safety issues for rotorcraft pilots  
35  **Flight Forum**  — letters from the Safety Briefing mailbag  
36  **Postflight**  — an editor’s perspective  

**Inside back cover**  **FAA Faces**  — FAA employee profile
In times of rapid change, experience could be your worst enemy.

— J. Paul Getty

Aviation is one of the many industries profoundly affected by rapid and ever-accelerating changes in technology. And you don’t have to have been in aviation very long to have already seen some stunning advances in every dimension. Consider these facts:

- **Airframes**: In less than a generation, we’ve seen airframes once made entirely of metal now formed partly or even entirely from sophisticated, sturdy, but lightweight composites.

- **Avionics**: In just the last decade, we’ve benefited from the incredible range of panel-mounted and hand-held avionics technologies that give us an unprecedented level of situation awareness. In 2004, glass cockpit avionics purpose-built for GA aircraft started putting some airline flight deck panels to shame. Today, glass is everywhere: both full-panel glass and a wide range of plug-in units that can significantly increase the capability of your 1960s-vintage aircraft.

- **Airspace**: Parts of the FAA’s Next Generation Air Transportation System — NextGen — are already here. If you’ve flown an RNAV (Area Navigation) GPS approach, such as an LPV (Localizer Performance with Vertical Guidance), you’ve used NextGen technology. Pilots who have invested in the right equipment are already benefitting from Automatic Dependent Surveillance-Broadcast, or ADS-B, technology that provides subscription-free weather and traffic information.

**Adopt, Adapt …**

In addition to advances specific to aviation, there are tons of technologies that have quickly been adopted, and adapted, for aviation use. The most obvious example is one you may be holding in your hand if you happen to be reading one of the e-reader versions of FAA Safety Briefing. As we step into 2014, tablet-based technology has clearly become the preferred platform for flight planning and flight management for everyone from the brand-new student pilot to the grizzled airline veteran. There’s an app — usually quite a few — for just about anything you might need or want to do in these areas.

And then there is technology that has been eagerly adapted or custom-developed for flight training, flight monitoring, or simply to enhance and share the joy of GA flying. I use a few of these technologies in my own flying. One of my earliest acquisitions was a personal locator beacon. In addition to providing peace of mind, this bit of technology provided both entertainment and useful information to my daughter. By periodically checking the location of my airplane, she knew what time to be at the airport and (important!) what time to have dinner on the table.

Another bit of personal technology is an app that allows me to record an astonishing number of flight parameters on my smart phone or tablet, and replay them later for fun, for self-improvement or, as my student-pilot son discovered, to make post-flight debriefing sessions very, VERY specific. Used in combination with a modestly priced camera mounted on the ceiling of my airplane, it provided unparalleled quantities of information.

As an aside, my plane-mounted camera once furnished some unexpected entertainment. We forgot to turn off the camera’s recording feature while we had a $100 hamburger one weekend. It seems that my airplane wasn’t lonely on the ramp. Quite a few curious people wandered up to say hello and inspect my bird.

**… Adept**

Whatever technologies we adopt or adapt for use in personal aviation, it behooves us to be adept in using them correctly, appropriately, and above all, safely. You will find various tips for taming your technology in this issue of the magazine, but here’s one from me.

Take a look at the J. Paul Getty quote at the top of this column. I think we’d all do well to remember that thought and take it to heart. No matter how much experience we have in aviation, or with using various generational technologies, that knowledge and experience might not transfer well to new technology. Bottom line: you can never have too many hours or too much experience in aviation, but no matter how much time you’ve accumulated in the logbook, be mindful of how much you still don’t know. And then have fun expanding your knowledge and skill.
FAA Issues New Pilot Training Rule

As part of its ongoing efforts to enhance safety and put the best qualified and trained pilots in the flight decks of U.S. airplanes, the FAA issued a final rule that will significantly advance the way commercial air carrier pilots are trained.

The final rule stems in part from the tragic crash of Colgan Air 3407 in February 2009, and addresses a Congressional mandate in the Airline Safety and FAA Extension Act of 2010 to ensure enhanced pilot training. The new rule is one of several rulemakings required by the Act including the requirements to prevent pilot fatigue that were finalized in December 2011, and the increased qualification requirements for first officers who fly U.S. passenger and cargo planes that were issued in July 2013.

The final rule’s requirements touch on several areas, including: ground and flight training to prevent and recover from stalls and upsets; tracking remedial training for pilots with performance deficiencies; training to improve pilot monitoring; expanded cross-wind training, including training for wind gusts; and enhanced runway safety procedures. The rule is available online at http://go.usa.gov/WKdH.

MedXPress Video Receives Award

The Civil Aerospace Medical Institute (CAMI) in FAA’s Office of Aerospace Medicine recently won a Silver Davey Award in the government category for its three-minute video, “MedXPress: The Royal Treatment,” from among 4,000 entries. The video reinforces to pilots a somewhat utopian benefit of using an online system to obtain their FAA Medical Certificate.

The video was shot in CAMI’s Clinic on site at the Mike Monroney Aeronautical Center in Oklahoma City. This is the second award winning video produced in the MedXPress series. Go to www.faa.gov/tv and search for “MedXpress” to view the videos.

Super Bowl TFR

If you plan on flying in or around the New York City metropolitan area in early February, be sure you check Notices to Airmen (NOTAMs) for information about temporary flight restrictions (TFRs) and flight advisories for Super Bowl XLVIII that could affect your flight. The game is scheduled for Feb. 2, 2014, at MetLife Stadium in East Rutherford, N.J., but pilots can expect heavy demand and traffic management initiatives in place several days before and after the event. Once published, text and graphic depictions of restrictions may be found on www.tfr.faa.gov/. To see the official FAA Super Bowl NOTAM, go to: www.faa.gov/air_traffic/publications/notices.

Portable Electronics Use Expanded

In November 2013, the FAA announced that airlines can safely expand passenger use of Portable Electronic Devices (PEDs) during all phases of flight. The FAA provided the airlines with clear guidance that helped them assess the risks of potential PED-induced avionics problems for their airplanes and specific operations. The process has varied among airlines, but the agency expected passengers to be able to safely use their devices in airplane mode, gate-to-gate, by the end of 2013. For more information on this change, including a fact sheet, FAQ, and press release, go to: www.faa.gov/about/initiatives/ped/.

NextGen Tools

Want to know more about which airports use published Performance Based Navigation (PBN) procedures? Then check out the PBN Dashboard at www.faa.gov/nextgen/pbn/dashboard. It uses a periodically-updated data set to show implementation and usage statistics for all major airports in the National Airspace System (NAS) with published PBN procedures. Users can query via airport and review basic airport operations information, published PBN procedure utilization, and operator equipage capabilities.
Another way to help identify NextGen technologies in the NAS is with a new interactive map found at www.faa.gov/nextgen/flashmap/. The map highlights the location of available NextGen capabilities, including Automatic Dependent Surveillance-Broadcast (ADS-B) and Localizer Performance with Vertical Guidance (LPV).

Lockheed Martin Flight Services Unveils New NextGen Briefing

In November 2013, Lockheed Martin Flight Services launched its new Next Generation Briefing which boasts a range of techniques that aim to make pilot preflight briefings faster to read and easier to understand.

“Next Generation Briefing uses graphics, automatic summarization, intelligent briefing text translation, and several other tools to provide pilots with their briefing information in the most useful format possible,” said Jim Derr, director of Lockheed Martin Flight Services in a November 5, 2013, press release. Derr also explained that the new tool uses graphics to show pilots where severe weather is located and when their flight will encounter it and can explain the weather conditions in simple English.

Also launched in November was LMFS’s new EasyClose™/EasyActivate™ Service, that allows pilots to close or activate their flight plans through the click of a link received through an automated email notification. This eliminates the need to login to a website or call Flight Service to perform the same action.

Both tools are the latest in a series of flight planning safety and convenience enhancements delivered to pilots via the Flight Services Pilot Web Portal at www.lmfsweb.afss.com. Additional tools for pilots available via the Pilot Web Portal include the Adverse Condition Alerting Service (ACAS) and Surveillance-Enhanced Search and Rescue (SE-SAR), the latter of which was discussed in our July/August 2013 issue.

Suffix Changes Made to Flight Plans

On October 24, 2013, the FAA changed some equipment suffixes used in domestic flight plans to better reflect aircraft capabilities and allow controllers to make better routing decisions. Suffixes relating to advanced navigation capabilities (/R, /Q, /E, /F, /J, and /K) are being removed to alleviate confusion with Performance Based Navigation (PBN) capability and to further emphasize the need to use an International Civil Aviation Organization (ICAO) flight plan to communicate PBN capability. Which new suffix to use will depend on the aircraft’s equipment for Area Navigation (RNAV) capability, Global Navigation Satellite System (GNSS) capability, and Reduced Vertical Separation Minima (RVSM) approval. The changes are:

- RNAV capability with GNSS and with RVSM: /L
- RNAV capability with GNSS and without RVSM: /G
- RNAV capability without GNSS and with RVSM: /Z
- RNAV capability without GNSS and without RVSM: /I

For more information on the change, see the update to the Aeronautical Information Manual at http://go.usa.gov/W8cH.

Wildlife Strike Report Released; Damaging Strikes Steady but Declining

In September 2013, the FAA released a report — "Wildlife Strikes to Civil Aircraft in the United States" — that presents a summary analysis of data from the National Wildlife Strike Database between 1990 through 2012. According to the report, the number of strikes annually reported has increased from 1,851 in 1990 to a record 10,726 in 2012. Birds were involved in 97.0 percent
of the reported strikes, terrestrial mammals in 2.2 percent, bats in 0.6 percent and reptiles in 0.1 percent. Although the number of reported strikes has steadily increased, the number of reported damaging strikes has actually declined from 764 in 2000 to 606 in 2012.

The report also stated that between 2011 and 2012, GA aircraft strike reports increased by 11 percent, nearly twice the rate of the remainder of civil aircraft strike reporting. The FAA attributes the increase to its wildlife strike awareness campaign at GA airports and flight schools. Technology has also helped, with 86 percent of all strike reports in 2012 being filed electronically. To view the report, go to http://wildlife.faa.gov.

Airman Testing Web Page Updated

The Airman Testing Standards Branch of the FAA’s Regulatory Support Division launched a new web page that streamlines the process of getting information regarding airman testing. Some of the site’s features include:

- A “What’s New and Upcoming in Airman Testing” section;
- A “Submit an Airman Knowledge Test Question” button;
- A “Questions & Answer” section; and,
- A “Contact Us” button.

The site (www.faa.gov/training_testing/testing/) also includes a subscription feature which will notify you anytime there is an update to a handbook or the practical test standards.
Stay Current With WINGS* Online

Pilots who participate in the WINGS Pilot Proficiency Program can choose to fly often with an instructor and avoid flight reviews. When a phase of WINGS is completed, the flight review expiration date is reset to 24 calendar months from the WINGS completion date.

But, more importantly, the WINGS Pilot Proficiency Program offers many ways to earn knowledge and flight credits that help pilots stay safe and proficient.

- Seminars
- Courses
- Flight Maneuvers

Check out the details on www.FAASafety.gov.

* WINGS Pilot Proficiency Program
Fast-track Your Medical Certificate

With FAA MedXPress, you can get your medical certificate faster than ever before.

Here’s how: Before your appointment with your Aviation Medical Examiner (AME) simply go online to FAA MedXPress at https://medxpress.faa.gov/ and electronically complete FAA Form 8500-8. Information entered into MedXPress will be available to your AME to review prior to and at the time of your medical examination, if you provide a confirmation number.

With this online option you can complete FAA Form 8500-8 in the privacy and comfort of your home and submit it before your appointment.

The service is free and can be found at:
https://medxpress.faa.gov/

ATTENTION:
As of Oct. 1, 2012, pilots must use MedXpress to apply for a Medical Certificate.
Q1. Will sleep apnea be covered under the new CACI (conditions AMEs can issue)?
A1. Not at this time. Sleep apnea is a somewhat complicated special issuance. The Federal Air Surgeon recently announced updated protocols for screening and management of obstructive sleep apnea, which can interfere with restorative sleep. For details, please see Dr. Tilton’s column in this issue’s Aeromedical Advisory department.

Q2. When I apply for a commercial airline pilot job, what medical files are released by the FAA to the prospective employer?
A2. The FAA does not automatically release any information to prospective employers. If you sign a release form, then only the medical information that the FAA has on hand will be copied and transmitted.

Q3. Can I fly after having undergone a quadruple bypass?
A3. The Federal Air Surgeon has a team of cardiology consultants who review each airman applying for a 1st or 2nd class airman medical certificate following coronary artery bypass surgery. The airman needs to demonstrate that there is no significant residual ischemia. The evaluation includes a post-operative coronary angiogram performed at least six months after the operation, a radionuclide stress test performed to our specifications, and a good cardiovascular evaluation to include laboratory studies.

Q4. I have had a liver transplant and was told to apply for a special medical and I would only be eligible to obtain a third class. I would like to flight instruct again or ride right seat on a two-man crew. Is it true for post-transplant pilots that 2nd or 1st class medicals are never issued? What kind of work can I obtain with only a driver’s license in lieu of a medical?
A4. At this time the usual policy is to only issue 3rd class medical certification for airmen who have had liver transplants and are doing well. Rarely, for airmen who have done exceedingly well, we have granted special issuance for higher class medical certificates. If you desire to pursue the latter, you will need to put the entire package together and forward to AAM-240 in the Federal Air Surgeon’s Policy Division. At this time the only thing you could do with a driver’s license (in lieu of a medical certificate) would be to pursue sport pilot and you would only be eligible to do that if you have not been denied for an FAA medical certificate.

Dr. Scott is the manager of the Aerospace Medical Certification Division in Oklahoma City, Ok. He is board certified in aerospace medicine and has extensive practice experience in civilian, and both military and non-military government settings.
Our inventions are wont to be pretty toys, which distract our attention from serious things. They are but improved means to an unimproved end.

— Henry David Thoreau

Several years ago, I had just finished an enjoyable GA glass cockpit flight with an FAA colleague. During the postflight discussion, he made the following observation. “When it comes to programming the avionics, you know these systems as well as anybody I’ve seen. But you probably don’t have any idea how much time you spent heads-down. There was a lot of traffic out there today.”

Gulp. He got my attention — attention that, during the flight, had admittedly been sucked into the vortex of the shiny multi-colored whiz-bang gadgetry at my disposal in the DA-40 Diamond Star we had been flying. Yes, TIS (Traffic Information Service) was available for most of the flight, but I know better than to regard it as a failsafe and foolproof method of collision avoidance. It was sobering to realize that, without even noticing, I had allowed all the pretty toys in the panel to distract my attention far too much from the serious business of see and avoid. Even more sobering was the knowledge that such failure could easily have resulted in some version of Mr. Thoreau’s “unimproved end.” I’ve never forgotten the lesson, nor have I ceased to mentally replay my colleague’s cautionary comment whenever I fly.

As I began to instruct more frequently in glass cockpit aircraft, I noticed that the eyeball and attention vacuum effect of the glass panel technology was not unique to me. My fellow pilots would similarly fixate not just on periodic programming requirements, but also on monitoring the myriad bits and bytes of flight information on the various glass cockpit displays. In an effort to offer them the kind of awareness my colleague gave me, I sometimes used a stopwatch to provide very specific feedback on how long they really spent in the technological time...
warp. The attraction to technological distractions is even greater now that so many of us have acquired extremely capable tablets stocked with equally capable flight planning, managing, and monitoring apps. It’s painfully easy to succumb to the subtle tyranny of technology. The glorious gadgets tempt us to shirk not only our see-and-avoid responsibilities, but also a vast swath of the flight management work. They lull us away from the discipline of critical thinking and true situation awareness, a term that implies far more than a position check on the moving map. And, as several air carrier accidents in the past few years demonstrate, highly trained and experienced airline pilots are no less vulnerable to over-reliance on technology and the resulting errors in automation management.

So what’s a safety-conscious pilot to do? Here are a few pitfalls to see and avoid.

Mistakes Magnified

The first rule of any technology used in a business is that automation applied to an efficient operation will magnify the efficiency. The second is that automation applied to an inefficient operation will magnify the inefficiency.

— Bill Gates

This observation clearly applies to aviation as well as to business. Technology and automation applied to an actively-managed flight can magnify its safety and efficiency, but when applied to a non-managed flight, they can very efficiently get you into very big trouble. That’s because regardless of how good they are, today’s avionics and handheld devices do not have sufficient intelligence to do more than exactly what we command them to do. If we issue the wrong commands because of inattention or incomplete understanding of the technology, the flight will potentially go off track in every possible way.

I learned this lesson several years ago when a GPS programming mistake was about to command the autopilot into a 180 degree course change and a 1,000 nm deviation from the intended flight path. It seems I had wrongly selected the identifier for my intended destination, Augusta, Georgia (AGS), by accepting the system’s presentation of AUG. In fact, AUG is the identifier for Augusta, Maine. The GPS didn’t know the difference. The autopilot would have obediently pointed the nose in the opposite direction. And I would have found myself confused and disoriented — “what’s it doing?!?” — while also doing some serious ‘splainin’ to an equally befuddled air traffic controller.

Improper understanding and/or poor management of technology has also contributed to major air carrier accidents. Remember the 1995 B-757 crash near Cali, Columbia? More recently, how about Air France 447, lost over the South Atlantic on a flight from Brazil to Paris? Or Asiana 214, which crashed while attempting to land at SFO last July?

Knowledge is the key to avoiding this particular technology pitfall. You need to know the equipment cold. When I teach use of GPS moving map navigators, I stress the importance of knowing how to precisely navigate both the mechanical structure (aka the “knobology”) and the library structure — that is, how to efficiently find and display the information you need for any given phase of flight. You need to know its normal and abnormal operations, so you can avoid those pesky and potentially dangerous “what’s it doing” situations. You need to know its limitations — what the technology can do for you and, equally important, what functions are simply beyond its capability.

As Kenny Rogers sang in “The Gambler,” you also need to “know when to hold ‘em, and know when to fold ‘em.” If you find yourself baffled, confused, or in any way uncertain about what the technology is doing, it’s time to turn it off and reorient yourself. That certainly applies to the autopilot, but it also includes panel-mount, hand-held, or tablet-based navigators if you don’t understand where they are taking you — or if you have any doubts as to the safety of the suggested course. Never forget that the magenta line can guide you direct to anywhere ... including direct through regulatory obstacles (e.g., restricted/prohibited/controlled airspace), man-made obstacles, or natural ones such as terrain.

Role Reversal

There is a real danger that computers will develop intelligence and take over. We urgently need to develop direct connections to the brain so that computers can add to human intelligence rather than be in opposition.

— Stephen Hawking

Even if you’ve never watched *2001: A Space Odyssey*, the story of the spacecraft’s domineering computer, HAL 9000, has long since passed into
HAL asserts that he is “foolproof and incapable of error.” At least initially, the crew is content to believe in HAL’s infallibility and let their computer run the show. And yes, that decision leads to a bad end.

How often are aviators guilty of the same thing? There is no dispute about the astonishing capability and reliability of today’s technology. Tablet flight management apps and panel-mount GPS moving map navigators provide an enormous range of information. Even the most modest GA autopilots can often manage stick and rudder duties far more smoothly than many human pilots. What’s not to like?

The problem is that we humans are so beguiled by our electronic tools that we expect them to compensate for functions that we cannot, or choose not, to perform. We expect the technology to do not just the work, but also the thinking. We are too often content to completely relinquish command and control functions to our on-board technologies. In effect, we implicitly delegate our PIC authority, and entrust our very lives, to mere machines.

Because even our best technologies are thankfully not (yet) up to HAL-like intelligence that can actively decide to assume command, both safety and good airmanship demand that we retain the role of PIC, and that we keep the technology under firm control. Never let the airplane or any of the on-board technology do anything you don’t know about, and — as the cliché reminds — never let the airplane or any of its high-tech equipment take you to any place your brain hasn’t already passed through.

Out of the Loop

I think it’s very important to have a feedback loop, where you’re constantly thinking about what you’ve done and how you could be doing it better. — Elon Musk

Never forget that the magenta line can guide you direct to anywhere … including direct through regulatory, man-made, or natural obstacles.
Delegating the PIC role to your on-board technology provides a very direct path to loss of situation awareness — more colloquially known as being out of the loop. When I was a student pilot, making my solo cross-country flights in a C152 with only a single nav/com radio, my fear of getting lost motivated a near maniacal focus on positional and situation awareness. In addition to double-, triple-, and quadruple-checking the VOR frequencies and courses, I used pilotage to ensure that I could constantly match features on the ground passing below me to the proper location on my well-worn paper sectional chart.

There is no doubt that GPS provides a much more precise position indication than anything I could have calculated in the pre-moving map Stone Age. Ironically, though, the advent of at-a-glance position awareness capability has sharply diminished the “where-am-I-now” discipline that was the hallmark of being in the loop. When you don’t have to put any mental effort into ascertaining positional awareness, it’s easy to stop paying attention.

If you are lucky enough to have a good autopilot, it’s great to have “George” tend to the basic flying chores while you — at least in theory — focus on more important things … like positional awareness (see above) and, more broadly, overall situation awareness (e.g., status of weather, fuel, engine indications). The challenge, of course, is to actually direct that freed-up mental and physical capacity to those more important positional and situation awareness considerations. That means overcoming the very human tendency to lapse into “fat, dumb, and happy” complacency … complacency that could cause you to miss something like an abnormal indication on an engine gauge.

Avoiding this potential technology pitfall means finding ways to keep yourself continuously in the loop. For example:

- Use callouts to maintain positional awareness (e.g., “crossing WITTO intersection, next waypoint is MITER intersection”).
- Annunciate changes to heading, altitude, and frequency.
- Record those changes in an abbreviated navigation log. The act of speaking and writing bolsters your awareness.
- Annunciate any change to navigation source (e.g., “switching from GPS to VLOC”) and autopilot modes. I encourage pilots to read each item on the autopilot status display aloud every time there is a change, stating which modes are armed and which modes are engaged.

These practices can be the backbone of the feedback loop Mr. Musk recommends, but you can make it stronger still by peppering yourself with a steady stream of “howgozit” questions about the flight.

Today’s technology provides the foundation for an unprecedented level of situation awareness. We just have to use it for that purpose, and pay attention in order to repel the all-too-human attraction to technological distractions that could detract from flight safety.

Susan Parson (susan.parson@faa.gov, or @avi8rix for Twitter fans) is editor of FAA Safety Briefing. She is an active general aviation pilot and flight instructor.
Last year I was flying right-seat on a mission with the Civil Air Patrol in a Cessna 182, navigating pre-determined routes over the Washington, D.C., metro area. It was dark, pre-dawn, and we had some pretty strong winds pushing us along. The autopilot was keeping us on a precise course so we would not penetrate the prohibited P-56 airspace just left of our course.

Just before the most critical turn to avoid the Capitol, a gust of wind knocked the aircraft out of autopilot and into a steep bank. Not only were we flying very close to critical infrastructure, but there was other traffic near us in the area.

Had the highly trained CAP pilot not been able to take manual control of the aircraft immediately — on instinct — after the loss of the automated systems, things could have been a lot worse. We weren’t lucky. We were trained and focused.

“Over-reliance on automated flight systems has resulted in accidents. It seems to lull some pilots into complacency and erode manual flight skills,” said Allan Kash, an aviation safety inspector with the General Aviation and Commercial Division’s Airman Certification and Training Branch (AFS-800). “A pilot proficient in manual aircraft control reduces the risk of GA accidents and loss of aircraft control.”

FAA’s Flight Standards Service is addressing this new safety concern through revisions of advisory circulars (ACs) and development of new ones as needed. (Note: An AC provides guidance such as methods, procedures, and practices acceptable for complying with regulations and grant requirements. It may also contain explanations of regulations, other guidance material, best practices, or information useful to the aviation community. It does not create or change a regulatory requirement.)

“A pilot must not assume that automation will fulfill his/her primary obligation, which is to fly the aircraft,” explains Ray Johnson, an aviation safety inspector also with AFS-800. In connection with this, AC 61-98B, Currency Requirements and Guidance for the Flight Review and Instrument Proficiency Check, is getting an update that will include a section on manual flight after automation failure. In the draft, the FAA strongly recommends that pilots who fly aircraft with automated systems be sure to practice manual control of the aircraft to maintain these skills. Pilots must also take care to avoid succumbing to automation bias, a term that refers to the pilot’s willingness to believe that the automation is more capable than the pilot. This perception may result in “set and go” passive management.

“It is the pilot’s responsibility to aviate, and not rely completely on automation,” Johnson clarifies. “The PIC must monitor and have situational awareness as to what the automatic systems are doing. Always IDENTIFY and VERIFY modes. Above all, a pilot maintains proficiency in the four most essential control items of safe flight: airspeed, altitude, attitude, and heading.”

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Learn More

FAA Advisory Circulars
http://1.usa.gov/Z9WTIP

Title 14 Code of Federal Regulations Part 61
http://bit.ly/19xJOHW
Do you remember how we researched things back in the day? Back then you actually had to go to a library, or maybe if you were as fortunate as I, your grandmother gifted you with your very own set of Encyclopædia Britannica when you turned 12. At first I was pretty put out when I received those heavy, brown, musty-smelling books (because that is just what every 12-year-old wants for her birthday) but once I got into high school and even on to undergrad, I have to admit those old tomes came in handy. When Britannica didn’t have what I was looking for, my next step was to hit the library. In fact it wasn’t that long ago that I was using the good old Dewey Decimal System to find what I needed. Today I can’t help but wonder if kids know what the Dewey system is, or if they even still teach it in school — especially with all of the advancements in technology.

Ah, “technology.” I feel as though the word should be breathed in, like fresh-brewed coffee and then forcibly exhaled, like fire. It is that dynamic. When I was in grade school the first personal computers — Macintosh, for us — were popping up everywhere. In high school the World Wide Web was unleashed onto the planet and right before college Yahoo! and Microsoft’s Internet Explorer debuted. Then, late in undergrad came along that wonderful bastion of enlightenment named Google. Suddenly, research that would have taken me hours, perhaps days, to collect was — at the click of a button — accumulated, summarized, and rank-filed in what is now the world’s most-used search engine. Google readily handles over three billion queries a day (and at least five more since the inception of this article).

With the web and its search engines, the great, big, vast world became much, much smaller. The ability to reach out and link together seemingly endless nodes of media, communication, and information can make one feel practically omniscient.

Finding the Crosswalk

It is obvious that I think technology, for the most part, is a good thing and that having plenty of avenues for information at my fingertips is an even better thing. But to quote my 11-year-old goddaughter when I tried to impart to her the fundamentals of ductile-versus-brittle failure theories: T.M.I.! Too much information. Meaning that, while she was just trying to figure out why she kept breaking the case on her iPhone, I was busy bombarding her with extra junk.
Sometimes searching the web can feel a bit like that. As the saying goes, getting information from the internet is something like trying to take a drink from a fire hose. I admit that even I, a self-proclaimed Google Jedi Master, can get a bit lost and overwhelmed in all of the options every once in a while. This can be particularly frustrating when the information I am wading through is on our own FAA “.gov” website. We are responsible for so much in this vast and multifaceted organization that all of the good stuff can get buried in even more good stuff. Sometimes I am left wishing for a crosswalk through the information super highway. I am willing to bet there are a few of you out there who wish the same.

So, because this is the technology and information edition of FAA Safety Briefing, I have compiled some great links you will definitely want to bookmark on your own personal electronic devices for future use. I put in a little bit of everything: from how to find the answers to the most commonly asked questions of the FAA, to highlighting the links aviation safety inspectors like to use. In addition, I have thrown in a few “fan favorite” websites collected from people who have spent years in the aviation safety business. Check it out!

Frequently Asked Questions

When it comes to the FAA, we tend to get questions that typically fall into four major categories: operations (pilot stuff), maintenance (A&P stuff), aircraft, and medical. Frequently asked ones include: Where can I find the nearest Flight Standards District Office (FSDO) or designated examiner? How can I access the regulations (14 CFR)? How do I register my aircraft? Can I still fly with high blood pressure?

For easier reading, I have shortened several of the URLs (they’re case sensitive by the way) and separated them into the same four categories.

- **Operations.** To get started, go.usa.gov/W4B4 already lists some excellent questions and provides additional sub-links to the answers. If you need a FSDO, a designee, or the location of a testing center, this website is your best bet. In addition, the FAA pilot page, www.faa.gov/pilots/, can tell you how to change or replace your certificate, request a knowledge test report, or request temporary privileges. Lastly, if you are looking for pertinent information specific to flying, the following links provide Notices to Airmen (NOTAMS): https://pilotweb.nas.faa.gov/PilotWeb/; and Temporary Flight Restrictions (TFRs), http://tfr.faa.gov/tfr2/list.html.

- **Maintenance.** For the A&P folks, a great starting point for any web research is www.faa.gov/mechanics/. In addition to links that take you to certificate information, it also has links to advisory circulars (www.faa.gov/regulations_policies/advisory_circulars/), airworthiness directives (www.faa.gov/regulations_policies/airworthiness_directives/) and supplemental type certificates (go.usa.gov/W4tC). Lastly, the major repair and alterations Form 337 can be found at go.usa.gov/W4tW.

- **Aircraft.** Questions about registering an aircraft usually send new owners hunting through this database. To help you out, the FAA has a whole page dedicated to the topic. The link go.usa.gov/W4tF will get you started in the right direction after an aircraft purchase. It addresses registering all types of aircraft (light-sport, amateur built, pre-owned, etc.) and provides a lengthy list of different registration forms (go.usa.gov/W4zT). Just find the form you are looking for and click away. The FAA Registry is hot-linked to the main page and can also be found here: http://registry.faa.gov/aircraftinquiry/.

- **Medical.** Ah, yes — probably the most trafficked page in the FAA.gov inventory. To get started, visit go.usa.gov/W2q9. After that, the MedXPress link, https://medxpress.faa.gov/, is definitely one you will want pasted to your electronic desktop for future use. How to obtain an airman medical certificate, which conditions are considered disqualifying, and how to appeal application denials are all common inquires.
These and other frequently asked questions (and answers) can be found here, www.faa.gov/licenses_certificates/medical_certification/faq/.

In addition to these websites, there are some excellent manuals available for you to download. These educational aids have been meticulously compiled by the most knowledgeable people in the business and best of all, they are free to use.

- Pilot handbooks - go.usa.gov/W4zm
- AMT handbook - go.usa.gov/W4zJ
- General Aviation information - go.usa.gov/W4uw
- MedXPress user guide - go.usa.gov/W2xP

Aviation Safety Inspectors
ASIs sometimes need help too. The Flight Standards Information Management System (http://fsims.faa.gov/) is essentially the “how to” guide for inspectors. It includes all of the governing regulations and guidance (e.g., the 8900.1 Order) ASIs need to do their job. It also incorporates the electronic code of federal regulations, which can be found here: go.usa.gov/W4Mh. It might interest you to gain some insight as to why inspectors do the things they do.

Another great website to browse through would be the relatively new, legal interpretations page hosted by the regulations division of the FAA. Not all interpretations are posted, but those available can be found at http://go.usa.gov/WBKY.

Links to anything and everything about practical test standards for pilots, CFIs, and mechanics can be found at www.faa.gov/training_testing/testing/test_standards/. In addition, FAA Safety Team (FAASTeam) members work very hard to provide educational outreach. Their website is chock full of great info, seminars, training courses, tutorials, WINGS information, and hot topics. It can be found here: www.faasafety.gov/.

Fan Favorites
When I asked my coworkers and fellow aviation safety specialists about their favorite websites, they were thrilled to offer several. In no particular order, here is a great list of sites featuring aircraft, forum chats, and flight planning to check out in your free time.

- http://flightaware.com/ - a live flight tracking website
- http://aviationweather.gov/ - National Weather Service’s site for aviation weather
- www.bonanza.org/ - a forum for Bonanza owners
- www.cirruspilots.org/ - a forum for Cirrus owners
- www.cessnaowner.org/ - a forum for Cessna owners
- www.liveatc.net/ - to tune into live ATC feeds
- www.duats.com/ - weather info and flight planning
- www.vansairforce.net/ - a forum for Van’s RV kitplane owners
- www.landings.com - general aviation news hub
- www.generalaviationnews.com/general - aviation news hub
- www.aopa.org/ - Aircraft Owners and Pilots Association
- www.eaa.org/ - Experimental Aircraft Association

Hopefully one (or more) of these links prove to be beneficial for you. There is a great deal of information here to get you on the right path, however if learning via video is more your style, FAA TV (www.faa.gov/tv/) answers all of these questions and so much more in short, easy to use video segments. Just use the “search media” tab to zero in on the subject you are curious about or you can use the tabs at the bottom of the page to browse through all of the content. Lastly, if you have an aviation-related website that you’ve found to be an absolute lifesaver, please feel free to share it via our twitter feed, @FAASafetyBrief; the FAA Facebook page; or email us at SafetyBriefing@faa.gov.

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NEW TECHNOLOGIES, NEW PROCEDURES

Making the Most of Modernization Options
At a time when technology is advancing faster than your paycheck can keep up, it’s hard to know when to buy that new gadget or gizmo for your aircraft. There is a modern replacement for almost every part of your panel. In fact, your entire set of “steam gauges” can now be completely replaced with glass backups and independent power supplies. It’s a great time to be in the general aviation (GA) world, but the rapid pace of technological advances creates a conundrum for GA pilots. Given that few of us have unlimited funds to spend, we have to make smart decisions about whether, what, and when to upgrade.

It’s Time

As you may already know, the FAA is engaged in the Next Generation Air Transportation System (NextGen), an ongoing and long-term project to transform the National Airspace System (NAS). At its most basic level, NextGen represents an evolution from a ground-based system of air traffic control to a satellite-based system of air traffic management. This evolution is vital to meeting future demand, and to avoiding gridlock in the sky and at our nation’s airports. “NextGen is redefining our airspace so we can enable the growth and changes that we expect to see in aviation,” noted FAA Administrator Michael Huerta in a September speech. “We all have a stake in NextGen — as an aviation community and as a nation. Now, it’s incumbent upon all of us to rally around NextGen.”

By integrating both new and existing technologies, NextGen is already providing air traffic managers and pilots with the tools to proactively identify and resolve weather and other hazards. In fact, you may already be familiar with some of the benefits NextGen offers right now. One is the Wide Area Augmentation System (WAAS), an FAA service that improves the availability, accuracy, and integrity of GPS signals to the aircraft through an onboard receiver. There is no fee to access WAAS, so if your aircraft does not already include WAAS-capable equipment, you may want to consider an upgrade. Because they are far less accurate and increasingly expensive to maintain, older ground-based technologies such as Non-Directional Beacons, or NDBs, are being phased out in favor of the growing number of WAAS-enabled navigation and approach procedures. To learn more about WAAS, see “WAAS Happening!” in the Sept./Oct. 2012 issue of FAA Safety Briefing.

The Outs and Ins of ADS-B

Among the biggest NextGen benefits to the GA community is the implementation of automatic dependent surveillance-broadcast (ADS-B). You probably know that starting in 2020, the FAA will require ADS-B Out equipment for operation in certain types of airspace (see diagram). Specifically, ADS-B Out is required by 2020 for all aircraft that fly within:

- All Class A, B, and C airspace;
- Class E airspace at or above 10,000 ft. MSL over the continental United States but excluding airspace at or below 2,500 ft. above the surface;
- 30 nautical miles of certain identified airports, which are among the busiest in nation;
- The lateral boundaries and above the ceiling of Class B or C airspace; and
- Class E airspace over the Gulf of Mexico at and above 3,000 ft. MSL within 12 nautical miles of the coastline.

Since this rule will impact a number of GA pilots, you may be starting to explore your equipment options. So let’s review some of the basic points of ADS-B.

ADS-B Out refers to a radio signal that is automatically broadcast on either 978 or 1090 megahertz (MHz). The broadcast can be on either frequency; however, if you are flying above 18,000 ft. or internationally, you must be equipped with 1090 MHz capability. Transmitter boxes do not currently operate on dual frequencies, so you must choose based on your own flying needs. However, most new ADS-B In receivers do pickup both frequencies.

As for what gets broadcast, the outgoing ADS-B signal includes the aircraft’s GPS position, altitude, speed, track, and identification. As you can imagine, ADS-B Out provides faster information — updates once every second — rather than the 5-12 second blips on radar. So if it’s time to replace that old transponder,
upgrading to a Mode S transponder with ADS-B Out capabilities might be a practical choice. (Note: If you are wondering whether squawk codes will be required in the ADS-B world, the answer is yes, for now. Even with ADS-B, you will still need to have either a Mode-S transponder, which is ADS-B Out capable, or your current Mode C transponder, which is not ADS-B Out capable. This is because the FAA will retain the radar surveillance system as an operational backup system for some years to come.)

Another consideration for ADS-B Out is the position source — a certified GPS receiver — that is connected to the ADS-B Out system. However, a certified WAAS GPS receiver is the best available position source. Each ADS-B Out system has a list of approved position sources that have been shown to be compatible with that specific system. When making a purchase decision, you should check the approved position source list, paying attention to model numbers, part numbers, and required software versions for the position sources compatible with the ADS-B Out system being considered.

ADS-B In refers to aircraft reception of the ADS-B broadcast on both 978 and 1090 MHz from the hundreds of ADS-B ground stations all around the U.S., and from air-to-air broadcasts received from all ADS-B Out equipped aircraft.

The typical piston engine aircraft pilot gets the most benefit from the universal access transceiver (UAT) broadcast on 978 MHz. Though not required by the regulation, ADS-B In UAT offers a whole new level of safety via situation awareness to GA pilots. For starters, ADS-B In UAT receives the flight information service-broadcast (FIS-B), which provides the altitude, track angle, speed, and distance of aircraft flying within a 15 nautical mile radius +/- 3,500 ft. altitude of your aircraft. FIS-B traffic is based on secondary surveillance radar tracks of transponder equipped aircraft, which is the same data provided to air traffic control.

It is extremely important, though, to be aware of the current traffic depiction limitations of using an ADS-B In receiver either connected to your tablet computer or panel display. If the aircraft you are piloting is not equipped with ADS-B Out, you will not get a complete traffic picture because the FIS-B signal is sent in response to your own ADS-B Out transmission. Without the ADS-B Out system, you will receive only the air-to-air transmissions from other aircraft in range. Also, if that traffic or you are outside of FAA radar coverage, FIS-B information will not be sent.

**Don't Play the Waiting Game**

Although 2020 may sound like the distant future, it really isn’t that far away. Just six years from now, ADS-B Out will be required, and avionics manufacturers are already providing a wide range of options — everything from devices offering bare-bones compliance with ADS-B Out requirements, to top-of-the-line boxes that provide everything a pilot could possibly want for situation awareness. Because last minute upgrades may cause a backlog at repair stations if everyone waits until 2019, now is a good time to start thinking seriously about your options for ADS-B. Regardless of how you choose to equip, you’ll find that ADS-B services will dramatically increase the information available to both you and ATC, leading to an ever-safer system for everyone.
Li-Ion Taming
Keeping the Powerpacks Under Control

There was a time when “batteries not included” was the standard delivery configuration for new devices, and the go-to powerpack consisted of heavy cylindrical alkaline batteries in sizes from AAA to D. There are still plenty of alkaline-battery-powered devices out there. However, today’s tablets, mobile phones, laptops, and other such items owe their sleek, featherweight design to better battery technology, such as rechargeable lithium ion (Li-Ion) and non-rechargeable lithium metal batteries.

Chances are good that the unseen powerpack sealed into your favorite portable device is a lithium ion (Li-Ion) rechargeable battery. That’s because Li-Ion batteries provide an almost unbeatable combination of light weight, high capacity, and none of the “memory effect” that plagues nickel cadmium (Ni-Cad) batteries. So what’s not to like?

The downside to lithium batteries, both lithium metal and Li-Ion, is that mishandling, misuse, or malfunction (e.g., internal short-circuit failures) can result in a roaring fire. Like all battery types, Li-Ion batteries operate through a controlled chemical reaction that generates electrical energy (current) and transmits power through terminals made of conductive metal. This process inevitably generates some degree of heat. The danger arises when problems lead to an uncontrollable, rapid increase in temperature and pressure within the battery cells. This condition could result in a battery fire and, due to the construction of Li-Ion batteries, failure in a single battery cell could initiate fire in adjacent battery cells. For this reason, Li-Ion battery fires are particularly difficult to suppress or extinguish. As a 2010 FAA Safety Alert for Operators (SAFO) states,

Our test results have also demonstrated that lithium-ion cells are flammable and capable of self-ignition. Self-ignition of lithium-ion batteries can occur when a battery short circuits, is overcharged, is heated to extreme temperatures, is mishandled, or is otherwise defective. Like lithium metal batteries, lithium-ion batteries can be subject to thermal runaway. A battery in thermal runaway can reach temperatures above 1,100 degrees F, which exceeds the ignition temperature of most Class A materials, including paper and cardboard. These temperatures are also very close to the melting point of aluminum (1,220 degrees F).

Keeping the Li-Ion Caged

The FAA and other organizations such as the U.S. Department of Transportation Pipeline and Hazardous Materials Safety Administration (PHMSA), continue to research these issues, as well as develop possible new safety rules and guidance for both flight crews and passengers. Though the tips below were developed for airline crews and passengers, GA pilots and their passengers can also benefit from following this advice:

- Keep batteries installed in portable electronic devices. Leaving batteries in battery-powered devices is an effective means of insulating the terminals and protecting against short-circuiting.
- When replacing with a spare battery during flight, handle batteries with care.
- Pack spare batteries in baggage that is accessible during flight — you certainly do not want a Li-Ion battery fire to start and propagate in a baggage compartment you can’t reach.
- Keep spare batteries in the original retail packaging. Because it is designed for the transport of those batteries, this packaging prevents unintentional activation and short-circuiting by effectively isolating the batteries from contact with each other and other objects.
- If original packaging is not available, place each battery individually in its own protective case, plastic bag, or package. A sturdy, re-sealable plastic bag (e.g., a freezer bag) is suitable for this purpose. Covering the battery terminals with insulating tape, such as electrical tape, is another effective method.

What If …?

If, despite all precautions, you do find yourself facing a hungry Li-Ion fire, testing by the Fire Safety Branch of the FAA’s William J. Hughes Technical Center has resulted in the following tips for fighting lithium-type-battery fires. These procedures consist of two phases: (1) extinguishing the fire, and (2) cooling the remaining cells to stop thermal runaway.

To extinguish the blaze, use a Halon, Halon replacement, or water extinguisher to douse the fire and prevent its spread to additional flammable materials.
The ability to adapt is a wonderful thing. In the animal kingdom, adaptation is typically accomplished by biological means. Sometimes this means an animal develops bigger teeth or stronger muscles. Sometimes it means lighter bones and co-opted structures like feathers for flight. Humans, however, have largely adapted by developing technologies. We use technology to bridge the gap between what we would like to achieve (i.e., flight), and what our bodies will allow.
One area in which humans have always been the weaker species in is vision and specifically night vision. While many other animals developed better night vision or evolved their other senses to compensate, for the last 100,000 years or so, our only technological recourse was to carry light (e.g., fire) with us. This all changed in World War II. Since then we’ve been rapidly closing the gap between us and other animals.

Lighting the Way

There are two basic kinds of technology that comprise our night vision arsenal: light amplification and alternate wavelength. These two technologies have very different operating principles and implementations. With these differences come varying advantages and disadvantages.

The most prominent example of light amplification technology is the night vision goggle system (NVG). They work by doing exactly what the name says: they amplify the ambient light by as much as 50,000 times, according to some reports. That’s quite an improvement from the Vietnam era Generation I systems that required at least some moonlight to function, and even early Generation 0 systems that required a separate infrared lighting source. The current Generation III requires virtually no light to function and can make an apparently pitch black environment light up like a sunny day.

Alternate wavelength technology works by using sensors that can “see” in other wavelengths of energy. The most common example would be infrared (IR). IR allows you to see heat energy, or more specifically, differences in heat energy. IR technology tends to be aircraft-mounted due to the size and power demands of the sensor. Earlier sensors had to be cooled to very low temperatures in order to work. This meant larger, more complicated installations on the aircraft and also tended to require wait times to cool the sensor to operating temperature. Not only do these IR sensors help shed light on the darkness, they also can improve visibility through some common visual obstructions such as fog, snow, or rain.

Another example of alternate wavelength technology is millimeter wavelength radar. Millimeter wave radar is one of the technologies specifically allowed by rule, but it is largely out of reach for the GA world. For the purposes of this article, therefore, our use of the term “IR technology” is intended to represent the group of alternate wavelength technologies.

At Home in the Dark

Night vision imaging systems (NVIS) falls into the category of light amplification technology. The advantages with this technology are significant, but it is not without its limitations. One issue is depth perception as some designs only use single tubes in order to save on costs. This practice essentially turns the user into a bit of a Cyclops, thereby eliminating depth perception completely. Another issue is dramatically reduced peripheral vision. Most people are accustomed to about 190° of peripheral vision, but many NVGs offer only around 40°. The Department of Defense is working with advanced NVG designs that feature four tubes, instead of the more conventional one or two, to improve peripheral vision. Still, that change only boosts peripheral vision to a reported 95°. Lastly, there are concerns that the extra weight of the systems — which are head mounted — can cause increased fatigue and eye strain. NVGs also require significant modifications to be made to the aircraft, like the addition of filters to lights and switches to prevent the illumination from upsetting the NVGs.

For these reasons, the FAA places restrictions on the use of NVGs by pilots. In addition, there are also hardware certification requirements. Many of the prerequisite requirements for NVG use are found in 14 CFR part 61, specifically 61.1(b)(12) and (13), 61.31(k), 61.51(k), 61.57(f) and (g), and 61.195(k). There are also instrument and equipment requirements listed in part 91.205(h). Part 61.31(k) is critical...
as it states that you cannot use NVGs without proper training or experience. It further states the user must have received and logged both ground and flight training unless you meet very specific requirements. Additionally 61.195(k) requires that the instructor be specifically approved by the FAA. So to make a long story short, using NVGs isn’t as simple as just putting a clip on your helmet.

Heat Vision
While IR systems can be powerful tools to improve safety at night and during the day in periods of reduced visibility, they aren’t a cure-all. Many IR systems can improve visibility through things like fog, rain, and snow, but they can’t see through clouds. Also, IR sensors can’t detect newer lighting systems such as LEDs since they don’t emit heat. As mentioned above, the systems are generally required to be permanently installed in the aircraft. They include a pod or protuberance to house the sensor, in addition to a display in the cockpit. Even with the technological advances that have paved the way for “uncooled” sensors in newer products, they can be very expensive and require installation work. This makes the installation work to accompany NVGs seem very minimal.

EFVS vs. EVS
One issue with IR systems is that there is a regulatory distinction between Enhanced Flight Vision Systems (EFVS) and Enhanced Vision Systems (EVS). This may seem a bit redundant but, as with
most complicated systems, the devil is in the details. Both systems provide the pilot with information — mainly IR information at the moment — in an effort to improve his or her situation awareness. But EFVS equipment offers the pilot the chance to go 100 feet below decision altitude (DA) or minimum descent altitude (MDA) to 100 feet above the touchdown zone elevation (TDZE) based on information from an approved EFVS.

An EVS doesn’t offer the same benefit. In fact EVS equipment does not allow any change to DA/MDA protocol. EVS does offer similar benefits in terms of situation awareness and in many cases very similar hardware. So what’s the difference? While EFVS is required to meet specific requirements that an EVS might not meet, the main difference is that an EFVS is required to display its information on a head up display (HUD). While there are other technical requirements to meet EFVS status, a major stumbling block can be the HUD. Most EVSs use either a primary or multi-function flight display (PFD or MFD) to display sensor information. Sometimes this information is even overlaid on to the other PFD information making it very close to what an EVS provides through its HUD.

This does not mean that EVSs won’t have a greater standing in the future. In fact, some avionics companies have done research and development on systems that would overlay sensor data and synthetic vision system (SVS) information on a PFD. Initial testing has looked promising showing results that are consistent with EFVS. There is still significant work to be done before such a system could be approved, and an approval could open the door for more benefits for the more accessible EVS systems.

Our ability to adapt technologically has enabled us to do what we couldn’t 100 years ago — see clearly or, for that matter, fly in the dark. But like most of our tools, these advances aren’t without limitations. To mitigate risks associated with these limitations, the FAA has established regulations and guidance for users of these technologies. Only with a proper understanding of the technology and its constraints, can we truly own the night.

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THERE’S LIGHT
AT THE END OF THE
RUNWAY

Using Data and Technology to Improve Runway Safety

TOM HOFFMANN
I have fond memories of my first airline flight. It was aboard an Eastern Airlines DC-9 on my way to a family vacation in Florida. My parents knew my passion for planes, so they made sure their inquisitive eight-year-old son was strapped in at a window seat. (Although now I suspect that may just have been a sneaky way to keep me quiet during the ride.)

We departed in the evening, so my eyes were immediately transfixed on the sea of sparkling blue, green, and amber lights that lit up JFK airport’s sprawling expanse of taxiways and runways. It was quite a sight. I recall being equally impressed with how our pilot effortlessly twisted and turned his way to the runway, guided only by a series of strange-looking markers, signs, and beacons. Incidentally, I was so inspired by the whole flight experience that I even asked for the captain’s autograph — who does that anymore! I recall it was a really cool pilot name too, but I digress.

Fast forward ten years. I have since gained a whole new appreciation for the vast array of colored lights and signs that guided my first flight safely to the runway. During my private pilot training, the once confusing world of airport markings and signs quickly made sense. Of course, there was the occasional unfamiliar light or sign that my instructor might stump me with, but that was always promptly followed by a thorough post-flight scouring of the Aeronautical Information Manual (AIM) for the answer.

Now, fast forward another 20 years (after an unfortunately lengthy lapse in flying), and I have to admit that keeping that AIM nearby is still necessary, not just to refresh my memory on airport signage, but also to learn about some of the exciting new technologies now available. I’m not a big fan of the cliché, but I definitely believe it’s “not your father’s airport anymore.”

Although the larger certificated (part 139) airports, like JFK, get a lion’s share of attention with regard to advancements, there is an increasing focus on leveraging cost-efficient technology to improve safety at many smaller and predominantly general aviation airports. In fact, the FAA has enhanced airport markings, signs, and lights at more than 500 airports nationwide. So let’s have a look at some of the more recent airport marking and lighting changes you might have noticed, as well as what the future might hold for advancing runway safety.

### Hold Up!

By far one of the most critical markings on an airport is the runway holding position marking (four yellow stripes — two solid, two dashed). Cross it without the proper clearance from air traffic control and not only will you receive a terse call from the tower, but you may easily put yourself in grave danger with conflicting traffic. To help prevent this type of runway incursion, the FAA developed an enhanced taxiway centerline that helps alert pilots that they are approaching a runway. It consists of a series of staggered dashed lines on either side of the yellow taxiway centerline 150 feet from the runway holding position marking. You may also see surface painted holding position markings (red background and white inscription) that are designed to supplement those ever-important hold short lines. The enhanced taxiway centerlines are required at part 139 airports but are becoming a more common sight at many smaller GA airports.

We’ll cover airport lighting later, but it’s worth mentioning here that elevated runway guard lights (ERGLs), or “wig-wag” lights, are also used at many airports to help pilots identify a runway holding position. These lights can be elevated at either side of a taxiway or used as a series of in-pavement lights across the holding position marking.
Sign Language

Through research and data collection, the FAA is constantly looking at ways to improve runway safety as well as promote consistent operations. In an effort to shore up standardization with regard to approach hold guidance procedures and signs and markings, the FAA’s Office of Airports (ARP) is proposing a few changes in the near future that should alleviate confusion in these key areas.

For taxiways providing access to a runway, the FAA proposes using both the mandatory holding position sign for taxiway/runway intersections (red sign with white numbers) and the runway holding position marking. This was a problem at some airports that had taxiways going through the protected area and connecting to an in-line taxiway at the end of the runway. Some of those airports were using approach hold signage on those taxiways rather than mandatory holding position signs.

For taxiways that do not provide access to a runway, a new sign in conjunction with Instrument Landing System/Microwave Landing System (ILS/MLS) Holding Position Marking, also known as the ladder marking or conditional hold marking, will be used. To remedy confusion occurring when an approach hold sign is used for protection with departing traffic at the other end of a runway, an newly developed sign will have information for both runways, (e.g., 15 APCH – 33 DEP). This change was designed to address pilot confusion about requiring ATC clearance when crossing a runway holding position marking in conjunction with an approach hold sign.

Is That Available in Construction Cone Orange?

Runway construction projects routinely present hazards to aircraft and ATC operations. To help mitigate these hazards, FAA’s Airport Construction Advisory Council (ACAC) — a volunteer group of air traffic managers and representatives from Flight Standards, the Office of Airports, and the Runway Safety Group — came up with a creative way to increase awareness of closures and construction at various airports across the nation. They proposed using bright orange construction signs similar to what you would see on the side of a highway. JFK Tower Air Traffic Manager David Siewert, a founding member of ACAC, hatched the idea for the conspicuously colored signs after researching a construction area at JFK that was causing pilot confusion.

“We think the orange signs will break up the visual wallpaper,” said Siewert. In addition to being noticeable, the new signs will also indicate to pilots how much of an affected runway is open for use.

The signs are currently being tested at Long Island MacArthur, O’Hare International, Portland International, and T.F. Green Airport in Providence R.I. The FAA expects to complete testing by year-end and will then determine whether or not to expand use of the signs.

The ACAC has been involved with several other critical initiatives including the development and implementation of new controller phraseology and the creation of graphic construction Notices to Airmen (NOTAMs) for pilots and controllers. For more information on these and other runway construction safety initiatives, visit the FAA’s website at www.faa.gov/go/runwayconstruction.

Lighting the Way

Another area that has helped advance runway safety in recent years is airport lighting. With the growing popularity of LED technology, it is not uncommon to see these cost-efficient, durable, and brighter lights being used on taxiways and runways, not to mention on aircraft lighting systems. The FAA continues to test LED technology and is looking at ways of expanding its use with approach lighting systems including Medium Intensity Approach Lighting System with Runway Alignment Indicator Lights (MALSR) and Precision Approach Path Indicators (PAPI). Use of this technology has shown to significantly extend lamp life, reduce cost, and improve system reliability. An important consideration for this technology is its compatibility with Enhanced Flight Vision Systems (EFVS), which is discussed in more detail elsewhere in this issue.
In addition to lighting advancements, there has also been a tremendous amount of progress made with airport pavement markings. Many of today’s marking and paint applicators use materials that are sturdier, more environmentally resistant, and have greater retro-reflectivity — all benefits that can improve a pilot’s situational awareness. In 2009, the FAA also approved use of preformed thermoplastic markings that are bright, clean, and easier to apply. See FAA Advisory Circular 150/5370-10E (go.usa.gov/WBKB) for more details.

A discussion about airport lighting enhancements would not be complete without mentioning runway status lights (RWSLs), which use surveillance data to illuminate and warn pilots it is unsafe to enter, cross, or takeoff on a runway. They’re currently in use at seven larger air carrier airports with a total of 17 airports planned for deployment.

Among other ideas that have surfaced for protecting an active runway environment include electronic message boards as well as ADS-B driven technologies. And at some smaller airports, remote tower control solutions could someday provide an additional layer of safety by supplementing existing tower operations on demand, or by providing monitoring after a tower closes.

### There Really Is an App for That

While the safety ideas discussed here are primarily “outside the cockpit,” there are a few that could literally wind up in a pilot’s lap. The MITRE Corporation (a not-for-profit organization that manages federally funded research and development) developed an iPhone app for GA pilots that captured hold short, cleared to cross, and departure runway instructions manually or via speech recognition. The app then tracked the aircraft’s movements on the ground and provided reminders when it appeared a pilot was not going to comply. As a result of the FAA-sponsored research with MITRE, commercial vendors have developed runway safety apps, such as ForeFlight’s Runway Proximity Advisor.

Another operator-controlled (and zero-cost) safety strategy is for pilots to keep their landing lights off when lined up and waiting for takeoff until a takeoff clearance is received. When the lights come on, it sends a signal to other pilots, ATC, and ground personnel that an aircraft is moving down the runway for takeoff. All exterior lights, including the landing lights, should also be turned on when crossing a runway at night or in low visibility conditions.

### Centered on Safety

At the heart of FAA’s efforts to keep taxiway and runway operations running smoothly and safely is none other than the Office of Runway Safety. As group manager for this team, Jim Krieger views his appointment as a tremendous opportunity to move runway safety to the next level. “Over the years, our team has had a positive impact on runway safety nationwide,” said Krieger. “However, I believe that it is time that we approach the problem in new and different ways.”

To that end, Jim is leading an effort to reach out and educate more stakeholders by developing mobile apps, interactive webinars, videos (see Taxi Test sidebar), and by employing various forms of social media. The Runway Safety office is also working with AOPA on updating its runway safety course in 2014. Be on the lookout for more information on runway safety advancements in future issues.
Pilots have long used “lights, camera, action” as a catchy way to remember items in the final pre-takeoff checklist. These days, that phrase has acquired a more literal meaning due to the proliferation of flight photography. You don’t have to look very far on social media to find that pilots are enthusiastic producers of aviation-related “selfies” in both still-life and video formats. These self-taken photos and films serve to entertain, inform, instruct, and record an astonishing diversity of pilots, planes, and places.

Today’s technology makes it very easy to take a photo or video of your flight, or of yourself as PIC in the left seat. Before you roll tape for your in-flight me-movie memoir, though, there are a few safety considerations to keep in mind.

Managing the Movie Cameras

As with every other piece of equipment used in connection with flying, it is important to preflight your devices. A foundational question is whether the device you plan to use is, or is required to be, FAA-approved in terms of installation. Generally speaking, regulations prohibit the attachment of non-approved devices to a type-certificated aircraft. However, Title 14 Code of Federal Regulations (14 CFR) section 21.93 permits a minor change to type design, defined as “one that has no appreciable effect of weight, balance, structural strength, reliability, operating characteristics, or other characteristics affecting airworthiness.” A minor alteration can be approved through a simple logbook entry or the issuance of a supplemental type certificate (STC).

The method of installation matters in terms of whether FAA approval is required. If the camera is a secondary portable unit hand carried onboard (inside the aircraft), the FAA typically will not get involved. Most cameras used by GA pilots are self-contained, portable, and sufficiently lightweight to have no appreciable impact. The method of mounting the camera, however, still has to be evaluated and installed or attached using a method acceptable to
the FAA. For example, a yoke-mounted iPad holder has no appreciable effect on handling the aircraft, and these devices do not affect airworthiness.

If, on the other hand, the installation is attached to the aircraft by hard-point methods such as bolts and screws, or if it interfaces with aircraft navigation or electrical systems, it becomes a major alteration because it may appreciably affect airworthiness. This kind of installation requires use of other FAA-approved data or a field approval evaluation. Methods such as glue, suction cups, or duct tape are typically not acceptable, in part because their failure could cause harm to the aircraft or persons on the ground or in the aircraft.

The bottom line is that all installations require some sort of approval. Each must be evaluated for its application and complexity to ensure safety. If you have a question, start by calling your local Flight Standards District Office (FSDO).

Once you’ve ensured the proper installation, the next step is to ensure that all devices used for in-flight photography are safely secured. Never place a camera, GPS, or any other mobile device in a location where it could literally be a flying hazard (e.g., freely flying around the cockpit in the event of turbulence). Even if an unsecured device doesn’t hit anything, it inevitably creates a distraction from flying duties.

The Flight Director

Speaking of distraction: always remember that when you are flying an aircraft, your priorities are to aviate, navigate, and communicate — not the Hollywood-style of lights, camera, action. No matter how much you want a good shot or a sleek video recording, safety demands that you never subordinate your PIC responsibility for safely directing the flight to a movie mogul desire for directing the in-flight film production process.

To avoid this kind of distraction, one of your pre-flight duties should be to ensure that the camera is aimed in the desired direction and that it is properly focused. Fiddling with camera settings while trying to juggle the many responsibilities you have as pilot in command puts you at risk of departing controlled flight, missing ATC radio calls, blundering into the wrong airspace, or colliding with traffic you failed to spot. Keep your priorities in order so you can live to film — and fly — another day.

Paul Cianciolo is an assistant editor and the social media lead for FAA Safety Briefing. He is a U.S. Air Force veteran, and a rated aircrew member and search and rescue team leader with the Civil Air Patrol.
Both optimists and pessimists contribute to our society. The optimist invents the airplane and the pessimist the parachute.

— Gil Stern

Call it pessimism if you will, but for Boris Popov, the inspiration for developing a commercially successful whole-airplane parachute system was based more in the reality of his own aerial life-or-death situation. In 1975 he narrowly survived a 400-foot fall during a hang glider accident. Unfazed, Popov would later go on to establish Ballistic Recovery Systems (BRS), the producer of airframe parachute systems. Since 1981, they have been delivered to 30,000 aircraft owners worldwide including 3,500 systems used on FAA-certificated aircraft. These include installation on several popular Cessna training models, the entire line of Cirrus general aviation aircraft, and a variety of ultralight and light sport aircraft. All together, these systems are credited with having saved over 300 lives.

That number might even be higher, however, were it not for the hesitation and unwillingness of certain owners to use these aircraft parachute systems in an emergency. So, what’s holding back these pilots from realizing the potential of these life-saving devices? It’s a bit more involved than you might think.

Fly Like You Train

There are many things that go through a pilot’s mind during an emergency. That’s precisely why pilot training is so heavily focused on how to deal with emergency situations, often to a degree of instilling instinctive reactions. Not a bad thing, mind you. However, when a whole-airplane parachute system is involved in the safety mix, your normal responses to emergencies may need to be augmented to incorporate this device. This isn’t always easy, especially for someone who has never flown or trained with such a device. But not taking the time to properly integrate this technology with your personal safety habits can present a serious problem when it comes time to really use it.

Take for example the following tragic flight situation detailed in Cirrus Aircraft’s Guide to Cirrus Airframe Parachute System (CAPS) that shows a pilot’s reluctance to use BRS:

On October 25, 2006, an instrument rated pilot departed S. Lake Tahoe, CA, with his wife and three children en route to Grand Canyon, AZ. The pilot departed VFR, but picked up an IFR clearance to his destination after noticing deteriorating weather ahead. Shortly afterward, the pilot entered an area of convective activity that contained icing conditions and reported an emergency. Data shows the airplane stalled and entered a spin for 14 rotations and 45 seconds until impacting the ground. The pilot never activated the CAPS to recover from the spin.

Cirrus claims its CAPS system has saved 77 lives to date, but states that its success stems not just from the system itself, but also from a well-trained pilot who’s already predetermined how and when it will be used. One look at their website will reveal their strong dedication to system awareness and training. You’ll find guidebooks, checklists, and videos, as well as contact information for flight schools that have CAPS handle equipped simulators.

To Pull, or Not to Pull

As we mentioned, having a predetermined plan for using BRS can make a huge difference if and when that critical moment of decision arises. Knowing the limitations of the system you’re using is a large part of that (e.g., what is the minimum safe deployment altitude, what are the speed restrictions, etc.) You also have to consider all the specifics of your situation before pulling the handle.

Smoke or fire in the cabin might inhibit your flying abilities, but pulling the chute in this situation may only worsen your chances of survival from an impending fire or smoke inhalation as your aircraft slowly floats to the ground. In many other situations however, (e.g., pilot incapacitation, structural failure, or loss of control) immediate activation of the chute may be your only safe recourse. To the extent possible, pilots also need to consider positioning the aircraft away from congested areas or dangerous terrain; once you’re under canopy, you’re along for the ride.

Real Pilots Don’t Need Chutes

This unfortunate mantra is yet another sticking point for some pilots who have parachute-equipped aircraft and who feel they can aviate their way out of any situation or may feel emboldened by the fact

Continued on page 32
Whenever I sit down to pen a new article I have a system. First, I make sure my desk is stocked with all the essentials: my MP3 player playing the best “tunes to write to,” a huge steaming cup of coffee, some water, a few munchies, my cell phone and tablet. Then, as I stare out at my computer screens, I focus my energies and begin promptly at 8am.

Until a text message comes in: a buddy reminding me we have lunch plans. I confirm and begin again. Until my tablet beeps that I have a Facebook message: my coach telling me practice got pushed back an hour. And again. Then a coworker sends me an email detailing a rather nasty crash landing a GA pilot was lucky to walk away from. I read it, watch the video, shake my head and tsk, and then begin again. I gain good ground until the coffee runs dry. Can’t work without caffeine so I get up to go refill my cup. I resume one ... more ... time.

Minutes later another coworker comes around the corner to ask what my angle on this latest article is going to be. I look at the clock. It is 10:30 and I have somehow spent the majority of my time totally off topic. Sound even remotely familiar?

New inventions have made our day-to-day lives so much easier, and yet — at times — infinitely more complicated. Tablets have made research, emailing, and using applications quick and mobile. Cell phones and instant messaging have made communicating with family, friends, and coworkers instantaneous. With the onset of more gadgets, and more specifically, more portable gadgets, our tendency to multi-task and self-distract has grown exponentially. Trying to handle three or four things at once has become a way of life. An exaggeration, you think? Consider this: When was the last time you were navigating a car (1) via GPS (2), while talking on your hands-free device (3) and drinking a beverage (4)? Pretty plausible scenario isn’t it?

In a position such as mine, these sorts of distractions might slow the process or prove to be counterproductive, but realistically it is unlikely that it would ever become a matter of life or death. This
is in direct contrast to a maintenance technician. Tablets loaded with mobile apps make diagnosing aircraft issues faster and easier, which is all well and good until the latest grumpy cat meme about holiday shopping pops up. You laugh (because how true is that?) and then rush off to show/forward it to your friends.

Some have panned the Dirty Dozen for being “old.” Yes, they have been around since the early 1990s, but the 12 reasons for error are as relevant as ever. “Distraction” is one of the maintenance dirty dozen. It includes anything that can draw your attention away from the task at hand. This can be external, such as when that leaky muffler you are working on gets interrupted by those social media funnies, or it can be internal, like being preoccupied with a loved one’s ailing health. Either way that muffler takes a back seat while you are focused on something else.

While I am a huge advocate for taking mental “time outs” during long or particularly monotonous projects — my favorite is to take a brisk walk around my office building — it is imperative to understand when you need to have 100 percent focus. While the human brain is arguably the world’s greatest super computer, our attention spans sometimes fail to live up to the hype. To combat this problem in areas where focus counts, we must be aware of our own propensity to drift off topic and take steps to ensure the work is done correctly.

Make sure that you are well-rested and mentally “in the game” before starting a new task. Keep tabs on where you are in the procedure by using and marking a checklist. If you do get distracted, go back two or three steps and start over from there, to make sure nothing is missed. If you have a lengthy break in the process, tag incomplete work so that you know exactly where you left off. If you disconnect something, be sure to document that section. These techniques can also come in handy if you are handing off work to another person. Lastly, always double-check or have another set of knowledgeable eyes come in behind you to review finished critical tasks. The old adage that two pairs of eyes are better than one certainly holds true here.

The best way to combat any of the maintenance dirty dozen is to be aware that they can happen to you. Accept and plan for that reality! Be the solution and not the problem. This holds true for the bystander as well. Be selective about when to distract your colleagues. Ask if they have a moment, before asking them how to resolve your question. Awareness and understanding go a long way in prevention.

Now, back to work. Right after I check back in on that National Zoo panda cam.

Sabrina Woods is an assistant editor for FAA Safety Briefing. She spent 12 years in the active duty Air Force where she served as an aircraft maintenance officer and an aviation mishap investigator.

they have parachute in their “back pocket.” On the flipside, no one is implying a BRS system should be used in the same careless vein as the infamous Staples’ “Easy Button” shown in TV ads.

The decision to activate an aircraft parachute ultimately comes down to the specifics of your situation, coupled with the knowledge and expertise you’ve hopefully garnered through training and research. Aircraft parachutes are a valuable safety feature, but one that deserves careful consideration and continual planning for it to be successful.

Tom Hoffmann is the managing editor of FAA Safety Briefing. He is a commercial pilot and holds an A&P certificate.

Learn More
Cirrus CAPS Training Resources (video, checklist, training syllabus, etc.)
http://cirrusaircraft.com/caps/
Aww Chute! Making the Pull Parachute Decision – Nov/Dec 2010
**PEDal to the Metal**

**Change is in the Air for Use of Portable Electronic Devices**

You know the drill. Just after the boarding door is closed, the flight attendant announces that it’s time to discontinue the use of all portable electronic devices (PEDs), and ensure that they are completely turned off and stowed until after takeoff. If you’re a seasoned airline traveler, you also know to listen for the double-chime over the PA system that lets the cabin crew and savvy passengers know that the aircraft has now climbed through 10,000 MSL. Even before the flight attendant can complete the announcement, twitchy tech-deprived souls like me are eagerly turning the toys back on.

The familiar sequence is changing because the FAA policy allows expanded use of passenger-supplied PEDs during various phases of flight.

**A Brief History of PED Policy**

A PED is any piece of lightweight, electrically-powered equipment. The reason for the longstanding “turn off the toys” requirement is that PEDs can emit unintentional radio energy. There are safety implications because it can occur at the same frequencies used by a plane’s communications, navigation, flight control, and electronic equipment.

Although everyone loves to blame the FAA for the heretofore more restrictive approach, the reality is that FAA regulations (14 CFR section 91.21 and 14 CFR section 121.306) already allow use of devices that demonstrably do not interfere with a plane’s electronic systems. That requirement is fairly straightforward for GA pilots, because we have a limited number of PEDs on board and we can more easily determine whether there is PED interference with aircraft equipment. It’s a different story for airlines. While they have always had the option to test PEDs for interference, the problem is that operators would have to devote significant resources to demonstrating which devices carried by today’s passengers are safe for use during critical phases of flight.

**Streamlined Testing and Approval**

In response to strong public and congressional interest in streamlining current approval processes, on January 7, 2013, the FAA established the PED Aviation Rulemaking Committee (ARC). The FAA asked this ARC, comprised of diverse industry and regulatory representatives, to review PED policy and make recommendations on allowing additional PED usage without compromising safety.

On September 30, 2013, the PED ARC submitted its report. As before, testing is the responsibility of each airline. To streamline the approval process, however, the FAA has developed guidance to help operators assess the risks of potential PED-induced avionics problems for their aircraft.

After a carrier uses these methods to prove that its aircraft can safely handle PED radio emissions, the carrier determines how and when it will allow passengers broader use of PEDs. The airline must then revise manuals, checklists for crewmember training materials, carry-on baggage programs, passenger briefings, and information cards. When those steps are complete and approved by the FAA, the airline can let passengers use their devices while the plane is at the gate, during taxi to the takeoff point on the runway, and during the vast majority of landings.

There are still a few restrictions. Electronic devices must be switched to “airplane mode” and have the cellular connection disabled, in part because cell phone calls are still prohibited in accordance with Federal Communications Commission regulations. WiFi connections are allowed if the plane has an installed WiFi system. The airline must ensure that PED cords and accessories do not block avenues for emergency exit. Airlines will require passengers to properly stow heavier devices, like standard laptops, during the takeoff and landing to ensure that loose items do not injure people.

Airlines are moving quickly to implement new PED use policies and procedures, but please remember it may still take some time for full compliance.

Susan Parson (susan.parson@faa.gov, or @avi8rix for Twitter fans) is editor of FAA Safety Briefing. She is an active general aviation pilot and flight instructor.

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**Learn More**

- **Flying with Portable Electronic Devices**: www.faa.gov/passengers/
- **Can I (Legally) Use My iPad? (FAA Safety Briefing – Sep/Oct 2011)**
Vertically Speaking

Culture Shock

Helicopter industry and government leaders knew something had to be done to reduce the alarming number of helicopter accidents worldwide.

So, those leading the charge to reduce accident rates called for a “culture of safety” that encouraged training, outreach, research, analysis, and an environment where people could report safety violations without fear of repercussions.

There has been some success since 2005, when more than 250 people from 13 countries attended the first International Helicopter Safety Symposium in Montreal. There, they developed a plan to reduce helicopter accidents worldwide, and they created the International Helicopter Safety Team (IHST) to oversee this plan.

From 2001 through 2005, the worldwide accident rate was 9.4 accidents per 100,000 flight hours. The attendees’ goal for 2016 was 1.9 accidents worldwide per 100,000 flight hours. As of December 31, 2012, the rate was estimated to be 5.2 accidents worldwide per 100,000 flight hours.

In the United States, the numbers looked particularly promising. Helicopter accidents had been gradually decreasing from a high of 222 crashes reported in 1990.

 Sadly, that trend ended last year. Helicopter accidents were up 19 percent between 2011 and 2012 nationwide, increasing from 129 to 154. Of the 154 accidents, 23 involved fatal accidents, up from 18 in 2011.

Most accidents — 87 percent — occur during the day. And most of the accidents — 84 percent — can be attributed to pilot judgment and actions, according to the U.S. Joint Helicopter Safety Analysis Team, which studied 523 accidents in 2000, 2001, and 2006.

The major premise for the FAA and IHST is that pilots, companies, and organizations must create a culture of safety. This effort will not only save lives, but also save millions of dollars from destroyed or damaged helicopters and equipment. But what do the FAA and the Virginia-based IHST mean when they call for a culture of safety? Here are some recommendations that pilots and helicopter companies can follow to ensure safer skies:

1. Establish a system where anyone can report an unsafe condition without fear of reprisal. People should believe they will receive support, including feedback on how the problem has been addressed.

2. Make every employee a champion of safety, but designate someone in the company to be the principal safety representative — an individual who serves as a catalyst for advancing the culture of safety. If a pilot works alone, he or she can take this role.

3. Seek out, establish, or provide training programs for employees and pilots that promote safety. Ensure that the employees and pilots understand what is being taught, perhaps through exams or through discussions.

4. Post lists of rules and potential hazards in public places. Let the public, employees, and managers know that there are serious consequences for flagrant violation of the rules — consequences that can include loss of job or more importantly, lives.

5. Establish a policy of risk analysis. Ask yourself: Does the task being proposed present safety risks? What is the probability for a mishap? Are the risks worth taking?

6. Review data. Is there a pattern of safety violations and risks? How can these violations and risks be reduced or eliminated? Accidents, near-accidents, and reports of safety risks should be collected and maintained in a secure location.

7. Create programs and checklists to ensure helicopters are properly maintained and flown.

8. Participate in ongoing monitoring programs and audits. How do you know if your safety program works unless you introduce some accountability?

9. Create an emergency response plan. Who does what and when, should an emergency arise? Duties might include who contacts medical emergency personnel, families, co-workers, the media, and administrators. What can be done immediately? Practice drills should be conducted.

Although the FAA and IHST remain committed to achieving the original goal of 1.9 accidents worldwide per 100,000 flight hours by 2016, the recently developed greater goals — to reverse any negative trend and improve safety culture in the helicopter industry worldwide — can lead to the ultimate goal of zero accidents. The recommendations listed here are not limited to a large commercial operator. Any and every pilot can seek additional safety training, establish individual risk analysis, use checklists, and create a personal emergency response plan. Reducing the helicopter accident rate begins with promoting a culture of safety we can live with.

Gene Trainor is a technical writer and editor for the Rotorcraft Directorate in Fort Worth. He previously worked as a newspaper reporter and editor.
**Acronym Overdose**

In the Nov 9, 2013 FAAST Blast is an example of something I call unexplained acronyms. In the section on Aviation Citizenship, a sentence begins with, “Articles take a look at how a personal SMS can help you ...” It would appear from a quick look-up on the internet that there are easily over 200 definitions of “SMS” and several that might apply to aviation. I am sure these Blasts go out to a wide variety of pilots with different levels of skill and that come from different backgrounds.

In the interest of safety and clear communications, I would suggest that acronyms are kept to a minimum. A good rule of thumb is to spell something out in the first use in each major section and if it is to be used more than once that one time then put it in parenthesis after.

— Jim

Thank you for your feedback on the FAAST Blast and we apologize for any confusion the SMS acronym may have caused. We share your frustration with the proliferation of unexplained acronyms. Please know that our normal practice is to always spell out an acronym in its first instance. In this case, we simply forgot to do that. We appreciate you bringing it to our attention and we will be more cognizant of that in the future. And for clarification, SMS in this case was short for Safety Management Systems.

**WINGS Correction**

First, I’d like to say I enjoy reading the magazine cover to cover. It has content and feeling — an unusual match these days. My question has to do with the WINGS program. I enjoy participating in the program, seminars, lectures, etc. I have also used the Pilot Proficiency Program to obtain my biennial flight review credit. In your article, “Stay Current with Wings” (Mar/Apr 2013), the first paragraph states “... their flight review moves back one year.” Since the flight review is biennial, isn’t it “one review,” or two years?

— Ron

We are pleased to hear that you enjoy the magazine and are such an active participant in all that the WINGS program has to offer. In response to your query, you are absolutely correct. In the March/April 2013 issue of the FAA Safety Briefing, there is a statement on page 17 that says, “For every phase of WINGS a pilot earns, their flight review moves back one year.” This is incorrect! It should have said that for every phase of WINGS earned, the flight review expiration date is reset, and the flight review is, of course, valid for 24 calendar months from that completion date. Thanks for pointing it out to us. We have since sent out a notice revising the language of the ad and apologize for any confusion.

__FAA Safety Briefing welcomes comments. We may edit letters for style and/or length. If we have more than one letter on a topic, we will select a representative letter to publish. Because of publishing schedule, responses may not appear for several issues. While we do not print anonymous letters, we will withhold names or send personal replies upon request. If you have a concern with an immediate FAA operational issue, contact your local Flight Standards District Office or air traffic facility. Send letters to: Editor, FAA Safety Briefing, AFS-805, 800 Independence Avenue, SW, Washington, DC 20591, or email SafetyBriefing@faa.gov.__

Let us hear from you — comments, suggestions, and questions: email SafetyBriefing@faa.gov or use a smartphone QR reader to go “VFR-direct” to our mailbox.
That’s a WRAP

You wouldn’t have to spend very long perusing the electronic library on my tablet to figure out that I’m a big fan of the “how to” book genre. The challenge is to remember and apply some of the great advice dispensed in such books. One technique that works for me is to consider how I might apply the author’s advice or instructions to aviation. Sometimes it’s a stretch, but with some books, there’s almost a hand-in-glove kind of fit.

Such was the case when I read Decisive: How to Make Better Choices in Life and Work, the latest book by brothers Chip Heath and Dan Heath. If you have read other works by the Heath brothers (e.g., Made to Stick and Switch: How to Change When Change is Hard), you’ll be familiar with how they use clever mnemonics to present key points. I worked through the WRAP mnemonic used in Decisive right about the time we started developing articles for this technology-focused issue of FAA Safety Briefing. I found myself thinking constantly about how the WRAP approach to decision-making could help pilots manage the most complicated piece of technology ever devised — the human brain.

Widen Your Options

The Heath brothers present three option-expanding techniques that we can easily apply to aeronautical decisions.

Avoid a Narrow Frame. Don’t limit yourself to either/or decisions, represented in aviation as the go/no-go decision. Generating additional choices (e.g., multiple do-able diversion options) can lead to more beneficial outcomes.

Multi-track. Keep several options in play. I once used this technique with two other pilots on a GA trip that required navigating some very challenging weather. Each of us identified and planned a couple of different scenarios. Multi-tracking spring-loaded us to successfully execute any one of the many options we developed.

Network. They don’t call it hangar-flying, but the authors extol the virtues of the underlying technique. Talking to people who have encountered similar situations is a great way to widen your thinking about possibilities.

Reality — Test Your Assumptions

Pilots are famous for wishful thinking, so reality-testing your assumptions is a must. The authors offer several reality-testing techniques.

Consider the Opposite. Seek disagreement from at least one “devil’s advocate” as a means of avoiding confirmation bias. Contrary opinions from an instructor or a more experienced pilot can be a life-saver — literally.

Zoom Out, Zoom In. This mental technique is similar to how you might use the range function on your moving map navigator: zoom out to see the big picture (e.g., weather developing further out), and zoom in to see the here-and-now details.

“Ooch.” The authors describe this technique as using small experiments to test your assumptions. In aviation, it might involve dividing a weather-challenged trip into small segments that allow you to “ooch” toward the destination, thus avoiding the all-or-nothing mindset we know as “get-home-itis.”

Attain Distance Before Deciding

Overcome Short-Term Emotion. This chapter starts with a description of the way car salesmen generate emotion, and then deftly direct it to an emotion-driven purchase decision the customer may later regret. In aviation, short-term emotions on the part of pilots and/or their passengers can easily lead to dangerous decisions. Know what triggers your “gotta-get-going” emotions, learn to recognize those triggers, and develop ways to give yourself some temporal or emotional distance from heat-of-the-moment impulses.

Honor Your Core Priorities. We can all agree that the core aviation priority is safety. But it’s sometimes hard to execute in the face of head-turning priorities like pride, and heart-wrenching priorities like reluctance to disappoint family or friends. Pre-established personal minimums can help you attain distance from short-term emotion and honor that core priority.

Prepare to Be Wrong

Bookend the Future. Based on the best information you can obtain, develop a best case scenario and a worst case scenario for your flight. Then look more closely to determine whether the facts and circumstances will put you closer to the best case, or the worst case.

Set a Tripwire. I once used the tripwire technique on a flight to an area of allegedly improving weather. Before we launched, my co-pilot and I established a tripwire decision point: if the weather did not improve beyond marginal VFR by the time we reached a specified way-point, we would immediately divert to our alternate. It didn’t. We did. And that’s a WRAP.
When he isn’t working at FAA Headquarters, you’ll often find Roger Sultan in the friendly skies of Virginia, flying a rented Piper Aztec to maintain currency and share his love of aviation by taking family and friends on those pancake breakfast or hundred-dollar-hamburger runs.

“Flying the Aztec allows me to share my love of aviation, but it also gives me an outlet from the stresses of daily life,” explains Sultan. His passion for flying began as a young boy on a family trip to Rio aboard a Pan Am B-747. “From that day, I knew I wanted to be a pilot. My dream was to wear that white hat and fly around the world for Pan Am.”

After graduating from Embry-Riddle Aeronautical University in Daytona Beach, Fla., Sultan returned home to north New Jersey and took up flight instruction. He eventually moved on to charter operations, flying turboprops for a commuter airline, then on to jets for two air carriers.

He came to the FAA because he wanted a challenging job with a positive influence on aviation safety. Four years ago, Sultan earned a spot as an aviation safety inspector (ASI) with the Flight Standards Service Flight Technologies & Procedures Division’s Future Flight Technologies Branch. His focus is managing aviation weather policy, including updates to the meteorology section of the Aeronautical Information Manual (AIM), weather related advisory circulars, and aviation safety weather related research.

One of his projects is to achieve better reporting and forecasting of inflight icing conditions, with a special focus on super-cooled liquid droplets. Sultan also represents the FAA’s Flight Standards Service on a joint working group with the National Weather Service (NWS), with the task of bringing new weather products to operational status and identifying legacy weather products that are no longer needed.

“My hope is to provide the best possible guidance on how to interpret and use the new aviation weather products issued by NWS. As pilots choose to self-brief, it is critical for them to understand the products they are using.”

Also directly affecting the general aviation (GA) community is Sultan’s role as a team lead for policy related to the transition from radar-based navigation to automatic dependent surveillance-broadcast (ADS-B). An important reference document available to pilots about ADS-B is Advisory Circular (AC) 90-114 (1.usa.gov/1cmGdPS), which will get another update soon.

In coordination with the Aircraft Certification Service and the Air Traffic Organization, Sultan also works on an outreach program with AOPA to help GA pilots better understand equipment, and to offer guidance for ADS-B In applications such as the flight (FIS-B) and traffic (TIS-B) information service-broadcasts. “For ADS-B, it is critical that all pilots understand the new system and the benefits available as a result of equipping properly,” Sultan explains. “It is the future of FAA air traffic surveillance, and it is not going away.”

“Our biggest challenge is keeping up with the rapid advancement of technologies, in particular the benefits of using tablet devices in the cockpit. By the time I have written guidance or policy on a specific topic, the technology has advanced, and the guidance and policy is out of date. I am committed to annual updates of the weather in the cockpit and ADS-B ACs. And with the AIM shifting from a six month update cycle to a month-to-month update cycle, pilots can expect more timely changes in order to keep up with the technology.”

Roger Sultan may not be wearing the white hat of the long-gone Pan Am captain’s uniform, but we think you’ll agree that his work and his passion for aviation put him squarely in the company of the white-hatted good guys working for greater safety.
Air Show and Race Pilot Michael Goulian takes FAA Safety Briefing for a “spin”.

Look Who’s Reading FAA Safety Briefing

faa.gov/news/safety_briefing @FAASafetyBrief