

CACI - Pre-Diabetes Worksheet
 (Metabolic Syndrome, Impaired Fasting Glucose, Insulin Resistance,
 Glucose Elevation/Intolerance, Polycystic Ovary Syndrome)
 (Updated 07/27/2022)

To determine the applicant's eligibility for certification, the AME must review a [current, detailed Clinical Progress Note](#) generated from a clinic visit with the treating physician or specialist **no more than 90 days prior** to the AME exam. If the applicant **meets ALL the acceptable certification criteria** listed below, the Examiner can issue. Applicants for first- or second- class must provide this information annually; applicants for third-class must provide the information with each required exam.

AME MUST REVIEW	ACCEPTABLE CERTIFICATION CRITERIA
Treating physician finds the condition stable on current regimen and no changes recommended	<input type="checkbox"/> Yes <input type="checkbox"/> Condition is PRE-DIABETES, stable on current regimen, and no changes recommended. Note: Diet-controlled diabetes, diabetes treated with medication (including insulin), or diabetes insipidus DO NOT qualify.
Symptoms associated with diabetes	<input type="checkbox"/> None
Hypoglycemic events (symptoms or glucose less than or equal to 70 mg/dl) within the past 12 months.	<input type="checkbox"/> None
Fasting blood sugar	<input type="checkbox"/> Less than 126 mg/dl
Current A1C	<input type="checkbox"/> Within last 90 days <input type="checkbox"/> Less than or equal to 6.5 mg/dL
Oral glucose tolerance test, if performed	<input type="checkbox"/> Less than 200 mg/dl at 2 hours <input type="checkbox"/> N/A
Medications for condition	<input type="checkbox"/> None <input type="checkbox"/> Metformin only ((after a 14-day trial period with no side effects)

AME MUST NOTE in Block 60 either of the following:

- CACI qualified Pre-Diabetes (Metabolic Syndrome, Impaired Fasting Glucose, Insulin Resistance, Glucose Elevation/Intolerance, Polycystic Ovary Syndrome).
- Has current OR previous SI/AASI but now CACI qualified Pre-Diabetes (Metabolic Syndrome, Impaired Fasting Glucose, Insulin Resistance, Glucose Elevation/Intolerance, Polycystic Ovary Syndrome).
- NOT CACI qualified Pre-Diabetes (Metabolic Syndrome, Impaired Fasting Glucose, Insulin Resistance, Glucose Elevation/Intolerance, Polycystic Ovary Syndrome). I have deferred. (Submit supporting documents.)