

## CACI - Migraine and Chronic Headache Worksheet

(Updated 04/13/2022)

To determine the applicant's eligibility for certification, the AME must review a [current, detailed Clinical Progress Note](#) generated from a clinic visit with the treating physician or specialist **no more than 90 days prior** to the AME exam. If the applicant **meets ALL the acceptable certification criteria** listed below, the Examiner can issue. Applicants for first- or second- class must provide this information annually; applicants for third-class must provide the information with each required exam.

AME MUST REVIEW	ACCEPTABLE CERTIFICATION CRITERIA
Treating physician finds the condition stable on current regimen and no changes recommended	<input type="checkbox"/> Yes
Acceptable Types of Migraine or Headache	<input type="checkbox"/> Classic/Common Migraine, Chronic Tension headache, Cluster headache  <b>NOT acceptable:</b> Ocular migraine, complicated migraine
Frequency	<input type="checkbox"/> No more than one episode per month
Symptoms	<input type="checkbox"/> Only mild symptoms controlled with medication(s) listed below.  <input type="checkbox"/> In the last year: <ul style="list-style-type: none"> <li>- <b>no in-patient hospitalizations</b></li> <li>- no more than 2 outpatient clinic/urgent care visits for exacerbations (with symptoms fully resolved)</li> </ul> <b>NOT acceptable:</b> neurological or TIA-type symptoms; vertigo; syncope; and/or mental status change
Medications - Preventive	<input type="checkbox"/> None; or daily calcium channel blockers or beta blockers only for prophylaxis without side effects
Medications - Abortive	<input type="checkbox"/> OTC headache medications; warn airman: 24 hour no-fly - Triptans 36 hour no-fly - Metoclopramide (Reglan); 96 hour no-fly - promethazine (Phenergan)  <b>NOT acceptable:</b> Injectable medications and narcotics

**AME MUST NOTE in Block 60 one of the following:**

☐ CACI qualified migraine and chronic headaches.

☐ Has current OR previous SI/AASI but now CACI qualified migraine and chronic headaches.

☐ NOT CACI qualified migraine and chronic headaches. I have deferred. (Submit supporting documents.)