

CACI – Essential Tremor Worksheet

(Updated 01/25/2023)

The AME must review a **current, detailed Clinical Progress Note** generated from a clinic visit with the treating physician **no more than 90 days before** the AME exam AND any supporting documents to determine the applicant's eligibility for certification. If the applicant **meets ALL the acceptable certification criteria** listed below, the AME can issue. Applicants for first- or second- class must provide this information annually; applicants for third-class must provide the information with each required exam.

AME MUST REVIEW	ACCEPTABLE CERTIFICATION CRITERIA
A current, detailed Clinical Progress Note from the treating physician or neurologist verifies the diagnosis is essential tremor and the condition is stable (no disease progression and no treatment changes recommended).	☐ Yes
Any evidence of a disabling tremor that limits day-to-day functioning? (E.g., holding a cup, handwriting, flipping switches on aircraft, or other).	☐ No
Is the applicant medication-dependent to be functional? (Does the individual have a disabling tremor when they do not take medication?)	☐ No
Treatment for condition Note: Other medication or treatments (weighted gloves, specialized utensils, and deep brain stimulator) do NOT CACI qualify. See Tremor Disposition Table for possible Special Issuance information. Gabapentin, primidone (Mysoline), and other potentially sedating medications are not acceptable for aeromedical purposes. Do NOT CACI.	☐ None Or ☐ Beta blocker (e.g., propranolol, metoprolol, Lopressor)

AME MUST NOTE in Block 60 one of the following:

☐ CACI qualified Essential Tremor. (Documents do not need to be submitted to the FAA.)

☐ Has current OR previous SI/AASI but now CACI qualified Essential Tremor.

☐ NOT CACI qualified Essential Tremor. I have deferred. (Submit supporting documents.)