

RESTLESS LEG SYNDROME (RLS)

All Classes
(Updated 01/25/2023)

DISEASE/CONDITION	EVALUATION DATA	DISPOSITION
A. Restless Leg Syndrome (RLS)	Submit the following for FAA review: 1. A current, detailed Clinical Progress Note from a clinic visit with the treating physician no more than 90 days before the AME exam. It should include a detailed summary of the history of the condition, current medications, dosage, and side effects (if any); physical exam findings, results of any testing performed, diagnosis, assessment and plan (prognosis), and follow-up. 2. It must specifically include: • Etiology and presence or absence of excessive daytime sleepiness (EDS), disruptive sleep, and presenting symptoms (if any); and • Current medication list. Specifically annotate medication used to treat RLS or sleep disorder(s) (name, dose, frequency, and side effects, if any). 3. Lab performed no more than 90 days before the AME exam to include: • Complete blood count (CBC); and • Ferritin level 4. Sleep study (polysomnography) results if already performed. Note: The FAA may request a sleep study for certification determination in some cases.	DEFER Submit the information to the FAA for a possible Special Issuance.