

Tremor
All Classes
(Updated 01/25/2023)

DISEASE/CONDITION	EVALUATION DATA	DISPOSITION
<p>A. Physiologic tremor</p> <ul style="list-style-type: none"> Not requiring medication Not progressing No functional limitations <p>Note: This is not a disease. It can be a normal physiological finding for the situation.</p>	<p>If the AME can determine the pilot has no symptoms that would interfere with flight duties:</p>	<p>ISSUE</p> <p>Annotate this information in Block 60</p>
<p>B. Essential Tremor Treated with an acceptable medication.</p> <p>Note: Previous term was “Benign Essential Tremor”</p>	<p>Follow the CACI – Essential Tremor Worksheet.</p> <p>This requires a current, detailed Clinical Progress Note from the treating physician.</p> <p>Acceptable medication for CACI is NONE or a beta-blocker. (All others go to Row C).</p> <p>If the pilot meets all CACI worksheet criteria and is otherwise qualified:</p>	<p>ISSUE with no time limitation</p> <p>Annotate the correct CACI statement in Block 60 and keep the required supporting information on file.</p>
<p>C. All others</p> <p>The diagnosis is suspect or uncertain;</p> <p>The individual is dependent on medication to be functional or requires a medication change;</p> <p>Assistive devices (such as weighted gloves, utensils) are used;</p> <p>Condition is clinically uncontrolled or disabling (limits any day-to-day function such as holding cup, handwriting, flipping switches, etc.); and/or</p>	<p>Submit the following to the FAA for review:</p> <ol style="list-style-type: none"> A current, detailed neurological evaluation that meets FAA Specifications for Neurologic Evaluation generated from a clinic visit with the treating neurologist no more than 90 days before the AME exam. MRI and/or CT of the brain (the most recent test). <ul style="list-style-type: none"> Submit the interpretive report on paper and imaging on CD in DICOM readable format (there must be a file named 'DICOMDIR' in the root 	<p>DEFER</p> <p>Submit the information to the FAA for a possible Special Issuance</p> <p>Annotate elements or findings in Block 60.</p>

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<p>dependent on medication;</p> <p>Note: Most medication to treat tremor is not acceptable (e.g., gabapentin, mysoline [primadone]).</p>	<p>directory of the CD-ROM). Please verify the CD will display the images before sending. You may wish to retain a copy of all films as a safeguard if lost in the mail.</p> <p>3. Electroencephalogram (EEG) performed no more than 12 months before the AME exam. It must be sleep-deprived EEG: awake, asleep, and with provocation (hyperventilation, photic/strobe light).</p> <ul style="list-style-type: none"> • Include any previous EEG(s) available for comparison. • Submit BOTH the final interpretive report(s) and the actual tracings (ALL pages) for any EEGs on CD. • The CDs of EEG recordings must have proprietary opening software that is compatible with Windows 10. <p>4. Other testing already performed the treating physician for this condition</p>	

Note: If the tremor is due to a specific condition (e.g., Parkinson’s disease, multiple sclerosis, stroke, traumatic brain injury, etc.) - see that section.

If a deep brain stimulator (DBS) is in place - see that section.