

AIRMAN INFORMATION – ADHD/ADD Evaluation (Updated 12/13/2018)

If you are an AIRMAN:

1. Work with your AME to obtain any necessary evaluations and documentation.
If you have stopped taking ADHD/ADD medication(s), you must be off the medication(s) for 90 days before testing and evaluation.
2. Arrange for required testing and evaluation by a neuropsychologist.
The neuropsychologist **must** have experience with aeromedical neuropsychology (not all neuropsychologists have this training). See the [FAA Neuropsychologist List](#) to find one in your area.
3. **PRIOR to your appointment:** Before going for testing, please ensure the following:
 - **Verify with the neuropsychologist's office that they have the ability to obtain a urinalysis for ADHD medication the day of the exam or within 24 hours after the exam.**
 - a. If they do not, then you will need to have your AME or primary care physician write an order for the lab or arrange urinalysis testing.
 - b. The urine drug screening must test for ADHD medications, including psychostimulant medications. It should include testing for amphetamine and methylphenidate. ***The sample must be collected at the conclusion of the neurocognitive testing or within 24 hours afterward.**
 - c. The results must be documented in the neuropsychologist's report.
 - d. If this testing is not performed, the FAA may not accept the neuropsychologist's findings and you will have to repeat neurocognitive testing.
 - **Have a copy of your medical records sent to the neuropsychologist for review.**
 - The neuropsychologist will need to obtain a complete history. To do so, you should provide the information in the checklist below. If the information is not available/applicable, a statement must be provided as to why is not available/applicable.

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Submit this information to the neuropsychologist PRIOR to your appointment	✓
All medical records documenting prior diagnosis or treatment for ADHD/ADD, including dates of treatment or evaluation AND name, dosage, and dates the medications were started and stopped.	
If diagnosed as a child: Academic records (including transcripts), Section 504 plans, IEPs, any academic accommodations, etc., from times both on and off medication .	
Adults with a history of ADHD and no recent school information: Submit a copy of your drivers' record from each state in which you have had a license in the past 10 years.	
ALL previous psychological or neuropsychological evaluation reports.	
Copies of all records regarding prior psychiatric or substance-related hospitalizations, observations, or treatment.	
A complete copy of your FAA medical records. To have a copy of your FAA records sent directly to the neuropsychologist submit a Request for Airman Medical Records (FAA Form 8065-2) .	

4. Day of testing: Urine drug screen is required after neurocognitive testing.*
5. Submit an 8500-8 exam via MedXPress:
 - The AME will submit your exam as **DEFERRED**.
 - Coordinate with your AME to make sure that **ALL ITEMS LISTED** are sent to the FAA **WITHIN 14 DAYS** of the AME exam.
 - Partial or incomplete packages **WILL CAUSE A DELAY IN CERTIFICATION**.