

## CACI - Hypertension Worksheet

(Updated 04/13/2022)

To determine the applicant's eligibility for certification, the AME must review a [current, detailed Clinical Progress Note](#) generated from a clinic visit with the treating physician or specialist **no more than 90 days prior** to the AME exam. HOWEVER, the AME is not required to review a current, detailed Clinical Progress Note IF the AME can otherwise determine that the applicant has had stable clinical blood pressure control on the current antihypertensive medication for at least 7 days, without symptoms from the hypertension or adverse medication side-effects, and no treatment changes are recommended. If the applicant **meets ALL the acceptable certification criteria** listed below, the Examiner can issue. Applicants for first- or second- class must provide this information annually; applicants for third-class must provide the information with each required exam.

AME MUST REVIEW	ACCEPTABLE CERTIFICATION CRITERIA
Treating physician or the AME finds the condition stable on current regimen for at least 7 days and no changes recommended	<input type="checkbox"/> Yes
Symptoms	<input type="checkbox"/> None
Blood pressure in office	<input type="checkbox"/> Less than or equal to 155 systolic and 95 diastolic  (Although 155/95 is acceptable for certification, the airman should be referred to their primary provider for further management, if the blood pressure is above clinical practice standards)
Acceptable medication(s) See <a href="#">Pharmaceuticals</a>	<input type="checkbox"/> Combinations of up to 3 of the following: Alpha blockers, Beta-blockers, calcium channel blockers, diuretics, ACE inhibitors, ARBs, direct renin inhibitors, and/or direct vasodilators are allowed.  <b>NOT acceptable:</b> Centrally acting antihypertensives (ex: clonidine)
Side effects from medications	<input type="checkbox"/> No

**AME MUST NOTE in Block 60 one of the following:**

- CACI qualified hypertension.
- Has current OR previous SI/AASI but now CACI qualified hypertension.
- NOT CACI qualified hypertension. I have deferred. (Submit supporting documents.)